

FOOD IN GREATER VICTORIA (free unless otherwise specified)

Update: June 18, 2014

F = Family Friendly



Coffee and snacks available for drop-in at Our Place during regular business hours. Mustard Seed M-F 9-2; Sun 12-4

Monday	Tuesday	Wednesday	Thursday	Friday
Our Place 919 Pandora Ave Breakfast @ 7-8				
F The Soup Kitchen, Our Place Breakfast @ 8:30-10				
Salv'n Army Lunch @ 11:30-12:30 F	Salv'n Army Coffee/Snacks @ 10:00-11:30	Salv'n Army Lunch @ 11:30-12:30 F		Salvation Army Lunch @ 11:30-12:30 F
Living Edge Food Distribution Tues/Thurs: 10:30-11:30am, 901 Kings Rd				
Anawim House 973 Caledonia, 11AM sign-up, Lunch @ 12 max 20 people, 19+ only				
Our Place 919 Pandora Ave Lunch @ 11:30-12:30				
F Rainbow Kitchen 500 Admirals Rd Lunch @ 12; CLOSED: July 1, Aug 4-15, Sept 1				
Sandy Merriman House 809 Burdett Ave <i>Women & Women Identified age 19 +</i> , Lunch @ 11:30 (to 2pm for non-residents)				
July -forward: M-Thurs, PEERS, #1, 744 Fairview Rd, Esquimalt, Lunch@12:00 , sex workers only				
Our Place 919 Pandora Ave Dinner @ 4-5				
Alliance Club (VYES) 533 Yates <i>Youth (13-19)</i> Dinner @ 5 pm			Sanctuary Youth Centre 767 Humboldt <i>ages 19 and under</i> Dinner closed until further notice.	
Rock Bay Landing 535 Ellice St 50 meals for non-residents Tickets @ 3:30 Dinner @ 4	AIDS—VI 713 Johnson St, 3rd Fl. for ticket <i>illicit drug users</i> Every 2nd Tues—Women only Dinner @ 4	Anawim House 973 Caledonia 2PM sign up, Dinner @ 5 20 people max <i>19+ only</i>		Anawim House 973 Caledonia 2PM sign up, max 20 people, 19+ only Dinner @ 5
F Fernwood Community Centre 1240 Gladstone Ave Dinner @ 5				Mustard Seed 625 Queens St Dinner @ 7
Every 2nd Monday @6 Gordon United, 935 Goldstream 4th Mon/Mo: Drive-By Café, Douglas/Yates 6-8pm				Friday before cheque issue Except July, Aug, & Dec First Met Church 932 Balmoral Dinner @ 5

Saturday	Sunday
Downtown Churches (location varies) Pancake Breakfast F 1 st Sat: St. Andrews Kirk Hall 680 Courtney St @ 8 2 nd Sat: St. Andrews Kirk Hall 680 Courtney St @ 8:15 3 rd Sat: Glad Tidings 1800 Quadra St @ 8:30 4 th Sat: Central Baptist 833 Pandora St @ 8:30 5 th Sat: St. Andrews Kirk Hall 680 Courtney St @ 8:15	
	Salvation Army 525 Johnson F Lunch @ 11:30-12:30
Our Place Lunch 11:30-12:30 NO DROP IN	Our Place Lunch 11:30-12:30 drop in to 4:00
Sandy Merriman House 809 Burdett <i>Women 19+</i> Lunch @ 11:30	
3 rd Sat: St. Peter's Church 3939 St. Peter Rd Lunch @ 11	Our Place Dinner @ 4pm 3 rd Sun of the month
Rock Bay Landing 535 Ellice St 50 meals for non-residents Tickets @ 3:30 Dinner @ 4	Tailgate Grill @Whale Wall F Hamburgers @ 3 2nd & 4th Sunday
Mustard Seed Movie Matinee 4-6pm snacks/coffee	F Food Not Bombs Pandora @ Vancouver Dinner @ 3:30
Mustard Seed 625 Queens St Saturday Dinner @ 7	Living Edge Dinner Service CDI Gym, Kings Rd, Quadra Village Dinner @ 4:30
	CARTS (starts at Queens Manor, to Centennial Square) Snacks & Hot Chocolate 4:30-6:30
	F Mustard Seed 625 Queens St Dinner @ 5, 2x/mo For dates and reservations phone 250 953-1575

This information is current as of the date shown at the top. Please check with the provider to be sure of today's offerings. Send updates to: admin@victoriahomelessness.ca

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Family Friendly Meals:

Designed with families in mind, these meals are free unless otherwise specified.

F = Family Friendly

Lunch	Quadra Village Community Centre 901 Kings Rd. F	discontinued for the summer
Dinner	Burnside Gorge Community Centre 471 Cecilia Rd F	Dinner @ 5 , Thursday only Free or by donation
	Saanich Neighborhood Place 3100 Tillicum F	Dinner @ 5:30 Wednesday only Registration required: 250-360-1148 Families only. Suggest don'n \$5/family
	Mustard Seed 625 Queens St F	Dinner @ 5 2 nd & 3 rd Sunday of the month Registration required

Meals on the Peninsula:

Sidney hosts a Soup Social Community Lunch at rotating venues.

Lunch @ 11:30-1 free or by donation, and **everyone is welcome.**

Lunch	Tuesday	closed until September 9 St. Elizabeth's 10030 Third St;
	Wednesday	St. Andrew's 9691 Fourth St
	Thursday	closed until September 9 St. Elizabeth's 10030 Third St;
	Friday	St. Stephen's 7921 St. Stephen's Rd near Mt Newton X
	Saturday	Peace Lutheran "Soup's On " 2295 Weiler Ave

Meals on Salt Spring Island:

Salt Spring Island Community Services, 268 Fulford-Ganges Rd.

Brunch @ 9:30-12, Tuesdays. Everyone welcome.

Meals in Sooke:

Everyone welcome, except where noted.

Big House Breakfast Sooke Baptist Church (7110 West Coast Rd.)	Discontinued during July— returning August 4: Breakfast @ 7:30-9 Mon and Wed
Holy Trinity Anglican Church (1962 Murray Rd.)	Vital Vittles—closed Aug1-22 Lunch @ 11:30-1. Fridays

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Food Banks in Greater Victoria:

FOOD BANK	REQUIREMENTS & HOURS:
Mustard Seed 250-953-1575 625 Queens Ave	Required: ID for person collecting. ID for all family members being collected for. Hours: Mon, Tues, Thurs, Fri. 9am-2pm. First week of each month is 'appointment only'. *Hampers also available for clients without cooking facilities.
St. Vincent de Paul Social Concern Office 250-382-0712 828 View St	Required: ID for person collecting, and ID for all family members being collected for. Care Cards required for children. Hours: Mon-Fri. 8:30am-12pm, 1pm-4:00pm. *Hampers also available for clients without cooking facilities. Availability: Once every 30 days.
St. John the Divine Emerg Food Service 250-383-7169 1611 Quadra St	Required: No ID necessary, everyone welcome. Hours: Tues and Fri. 10am-12pm. Closed Fri & Tues after IA cheques issued; open Fri the following week. Quantity: Single or family sized. Availability: Once per month.
Living Edge Food Distribution 901 Kings Rd Quadra Village	When: Tuesday and Thursday Hours: 10:30am—11:30am
Goldstream Food Bank 250-474-4443 761 Station Ave	Required: Picture ID for person collecting. ID for all family members being collected for. Care Cards required for children. Proof of residence in Western Communities (mail, utility bill etc.) Hours: Tues and Wed. 9:30am-2:30pm. Open first 3 weeks of the calendar month.
Sidney Lions Food Bank 250-655-0679 9586 Fifth St	Required: Picture ID for person collecting, ID for all family members being collected for. Proof of residence (any mail with Peninsula address). Cloth bags to carry food, if possible. Hours: Mon, Wed, Fri. 9am-12pm. Closed the last week of month.
Sooke Food Bank 250-642-7666 2037 Shields Rd	Required: ID required for person collecting, and ID for all family members being collected for. Care Cards required for children. Proof of residence in Sooke. Hours: First 3 Thursdays of each month. 9:30am-3pm.
Salt Spring Island Food Bank 250- 537-9971 268 Fulford-Ganges	Required: No ID necessary, everyone welcome. Hours: Tues. 10:30am-4pm. Quantity: Relative to need, preference and family size. Availability: Once per week and on an emergency basis
Quantity: Based on family size (unless otherwise specified) Availability: Once per month (unless otherwise specified)	

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