

FOOD IN GREATER VICTORIA (free unless otherwise specified) Update: 2016-Dec 5



F = Family Friendly

Coffee/Snacks—check with each food provider directly as the times can change.

Monday	Tuesday	Wednesday	Thursday	Friday
Our Place 919 Pandora Ave Breakfast @ 7-8				
F The 9-10 Soup Kitchen, Breakfast @ 8:30-10 , St Andrew's Cathedral, 740 View at Blanshard				
Salv'n Army ARC Lunch @ 11:45-12:030 F	Salv'n Army ARC Coffee/ Snacks @ 10:30-11:30	Salv'n Army ARC Lunch @ 11:45-12:030 F		Salv'n Army ARC Lunch @ 11:45-12:30 F
Living Edge Food Distribution Tues/Thurs: 10:30am , 901 Kings Rd				
Our Place 919 Pandora Ave Lunch @ noon-1pm				
F Rainbow Kitchen 500 Admirals Rd Lunch @ noon—first come first served Closed on Statutory Holidays which occur M-F.				
Sandy Merriman House 809 Burdett Ave <i>Women & Women Identified age 19 +</i> , Lunch @ 11:30 (to 2pm for non-residents)				
Peers , Mon-Thurs, #1, 744 Fairview Rd, Esquimalt, Lunch@12:30 , sex workers only				
Our Place 919 Pandora Ave Dinner @ 5-6pm				
Alliance Club (VYES) 533 Yates <i>Youth (13-19)</i> Dinner @ 5 pm ; snacks @ 7:30 pm				
Rock Bay Landing 535 Ellice St 50 meals for non-residents Tickets @ 3:30 Dinner @ 4		Anawim House 973 Caledonia 2PM sign up, max 20 people, 19+ only Dinner @ 5		Anawim House 973 Caledonia 2PM sign up, max 20 people, 19+ only Dinner @ 5
F Fernwood Community Centre 1240 Gladstone Ave Dinner 5-7pm Suggest \$5 donation			Sanctuary Youth Centre Church of Our Lord, 767 Humboldt 3-6pm	Sanctuary Youth Centre Church of Our Lord, 767 Humboldt Dinner&drop-in @3-6pm
Every 2nd Monday Dinner @ 6 Gordon United, 935 Goldstream			Burnside Gorge @ 5pm Families only. F	Mustard Seed 625 Queens Ave Street Cafe Dinner @ 7

Saturday	Sunday
Downtown Churches (location varies) F Pancake Breakfast 1 st Sat: Christ Church Cathedral (commencing Sept 2016) @ Our Place Society @ 8:30 2 nd Sat: St. Andrews Kirk Hall 680 Courtney St @ 8:15 3 rd Sat: Glad Tidings 1800 Quadra St @ 8:30 4 th Sat: Central Baptist @ Our Place 919 Pandora Ave @ 8:30 5 th Sat: Our Place Society	F Salv'n Army ARC Brunch @ 11:45
Brunch @ 11am-2pm, 2nd Sat of mo. Phone to confirm: 250 507-8271 Winners Chapel, 810 Cormorant	
Sandy Merriman House 809 Burdett Ave <i>Women & Women Identified age 19 +</i> , Lunch @ 11:30 (to 2pm for non-residents)	
Our Place Lunch noon-1pm	
3 rd Sat: St. Peter's Church 3939 St. Peter Rd Lunch @ 11	
Rock Bay Landing 535 Ellice St 50 meals for non-residents Tickets @ 3:30 Dinner @ 4	CARTS 3:30-5pm Downtown Community Centre Courtyard, 755 Pandora
Sanctuary Youth Centre Sanctuary Youth Centre Church of Our Lord, 767 Humboldt Dinner&drop-in @3-6pm	Living Edge Dinner Service CDI Gym, 950 Kings Rd, Quadra Village Dinner @ 4:30
Our Place Dinner @ 5-6pm	
F Mustard Seed 625 Queens Ave Agape Meal @5pm	2nd & 3rd Sundays ↓ Family Dinner @ Mustard Seed 625 Queens

Meal offerings may change before the next update and for Stat Holidays—please check with provider first. Please send updates to: admin@victoriahomelessness.ca

FOOD IN GREATER VICTORIA

Family Friendly Meals:

Designed with families in mind, these meals are free unless otherwise specified.

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Lunch	Quadra Village Community Centre 901 Kings Rd. F	Please contact 250 388-7696 for information.
	Burnside Gorge Community Centre 471 Cecilia Rd F	Dinner @ 5, Thursday only Free or by donation
Dinner		

Meals on the Peninsula:

Sidney hosts a Soup Social Community Lunch at rotating venues.

Lunch @ 11:30-1 free or by donation, and everyone is welcome.

Lunch	Tuesday *	St. Elizabeth's 10030 Third St; *closed June 28-Sept 1 inclusive
	Wednesday	St. Andrew's 9691 Fourth St
	Thursday *	St. Elizabeth's 10030 Third St; *closed July 2-Sept. 3 inclusive
	Friday *	St. Stephen's 7921 St. Stephen's Rd near Mt Newton X Rd * Closed June for the summer; open in Sept –date not settled
	Saturday	Peace Lutheran "Soup's On " 2295 Weiler Ave

Meals on Salt Spring Island:

Salt Spring Island Community Services, 268 Fulford-Ganges Rd.

Brunch @ 9:30-12, Tuesdays. Everyone welcome.

Meals in Sooke:

Everyone welcome, except where noted.

Big House Breakfast Sooke Baptist Church (7110 West Coast Rd.)	Breakfast @ 7:30-9 Closed during July 2015 Mon and Wed
Holy Trinity Anglican Church (1962 Murray Rd.)	Vital Vittles—closed Aug1-22 Lunch @ 11:30-1. Fridays

Update: 2016-Dec 5



Food Banks in Greater Victoria:

FOOD BANK	REQUIREMENTS & HOURS:
Mustard Seed 250-953-1575 625 Queens Ave	Required: ID for person collecting. ID for all family members being collected for. Hours: Mon- Fri. 9am-1:30pm for appointment or walk-in. Saturday afternoon by appointment only: ph: 250-953-1588; calls returned after 2pm *Hampers also available for clients without cooking facilities.
St. Vincent de Paul Social Concern Office 250-382-0712 828 View St	Required: ID for person collecting, and ID for all family members being collected for. Care Cards required for children. Hours: Mon-Fri. 8:30am-12pm, 1pm-4:00pm. *Hampers also available for clients without cooking facilities. Availability: Once every 30 days.
St. John the Divine Emerg Food Service 250-383-7169 1611 Quadra St	Required: No ID necessary, everyone welcome. Hours: Tues and Fri. 10am-12pm. Closed Fri & Tues after IA cheques issued; open Fri the following week. Quantity: Single or family sized. Availability: Once per month.
Living Edge Food Distribution 901 Kings Rd Quadra Village	When: Tuesday and Thursday Hours: 10:30am—11:30am
Goldstream Food Bank 250-474-4443 761 Station Ave	Required: Picture ID for person collecting. ID for all family members being collected for. Care Cards required for children. Proof of residence in Western Communities (mail, utility bill etc.) Hours: Tues and Wed. 9:30am-2:30pm. Open first 3 weeks of the calendar month.
Sidney Lions Food Bank 250-655-0679 9586 Fifth St	Required: Picture ID for person collecting, ID for all family members being collected for. Proof of residence (any mail with Peninsula address). Cloth bags to carry food, if possible. Hours: Mon, Wed, Fri. 9am-12pm. Closed the last week of month.
Sooke Food Bank 250-642-7666 2037 Shields Rd	Required: ID required for person collecting, and ID for all family members being collected for. Care Cards required for children. Proof of residence in Sooke. Hours: First 3 Thursdays of each month. 9:30am-3pm.
Salt Spring Island Food Bank 250- 537-9971 268 Fulford-Ganges	Required: No ID necessary, everyone welcome. Hours: Tues. 10:30am-4pm. Quantity: Relative to need, preference and family size. Availability: Once per week and on an emergency basis
Quantity: Based on family size (unless otherwise specified) Availability: Once per month (unless otherwise specified)	

This information is current as of the date shown at the top. Please check with the provider to be sure of today's offerings. Send updates to: admin@victoriahomelessness.ca