

# FOOD IN GREATER VICTORIA Update: 2018—January 10



**F** = Family Friendly

Coffee/Snacks—check with each food provider directly as the times can change.

Monday	Tuesday	Wednesday	Thursday	Friday
Our Place 919 Pandora Ave <b>Breakfast @ 7-8</b>				
<b>F</b> The 9-10 Soup Kitchen, <b>Breakfast @ 8:30-10</b> , St Andrew's Cathedral, 740 View at Blanshard				
Salv'n Army ARC <b>Lunch @ 11:45-12:030</b> <b>F</b>	Salv'n Army ARC <b>Coffee/Snacks @ 10:30-11:30</b>	Salv'n Army ARC <b>Lunch @ 11:45-12:030</b> <b>F</b>		Salv'n Army ARC <b>Lunch @ 11:45-12:30</b> <b>F</b>
Living Edge <b>Food Distribution: Thurs: 10:30am</b> , 901 Kings Rd				
<b>Mustard Seed 625 Queens, Lunch @ 11:30</b>				
Our Place 919 Pandora Ave <b>Lunch @ noon-1pm</b>				
<b>F</b> Rainbow Kitchen 500 Admirals Rd <b>Lunch @ noon—first come first served</b> Closed on any Statutory Holiday which occurs Monday-Friday, except Christmas & Thanksgiving.				
<b>Sandy Merriman House</b> 809 Burdett Ave <i>Women &amp; Women Identified age 19 +</i> , <b>Lunch @ 11:30</b> (to 2pm for non-residents)				
<b>Peers, Mon-Thurs</b> , #1, 744 Fairview Rd, Esquimalt, <b>Lunch@12:30</b> , sex workers only				
Our Place 919 Pandora Ave <b>Dinner @ 5-6pm</b>				
Alliance Club (VYES) 533 Yates <i>Youth (13-19)</i> <b>Dinner @ 5 pm</b> ; snacks available 12:30-7:30pm			<b>Alliance Club Snacks 12:30-2:30</b>	
Rock Bay Landing 535 Ellice St 50 meals for non-residents Tickets @ 3:30 <b>Dinner @ 4</b>		Anawim House 973 Caledonia 2PM sign up, max 20 people, 19+ only <b>Dinner @ 5</b>		Anawim House 973 Caledonia 2PM sign up, max 20 people, 19+ only <b>Dinner @ 5</b>
<b>F</b> Fernwood Community Centre 1240 Gladstone Ave <b>Dinner 5-7pm</b> Suggest \$5 donation		Fernwood Student Dinner Night @ 6-7:30pm 1240 Gladstone Ave	Burnside Gorge @ 5pm Families only. <b>F</b>	<b>Sanctuary Youth Centre Church of Our Lord, 767 Humboldt</b> Ages 15-22 <b>Dinner @3-6pm</b>
<b>Every 2nd Monday Dinner @ 6</b> Gordon United, 935 Goldstream			Late night hamburgers @ 10pm Pandora between Quadra and Blanshard Broken Ministries	Mustard Seed 625 Queens Ave Street Cafe <b>Dinner @ 7</b>

Saturday	Sunday	
Downtown Churches (location varies) <b>F</b> <b>Pancake Breakfast</b> 1 <sup>st</sup> Sat: Christ Church Cathedral @ Our Place Society @ <b>8:30</b> 2 <sup>nd</sup> Sat: St. Andrews Kirk Hall 680 Courtney St @ <b>8:15</b> 3 <sup>rd</sup> Sat: Glad Tidings 1800 Quadra St @ <b>8:30</b> 4 <sup>th</sup> Sat: Central Baptist @ Our Place 919 Pandora Ave @ <b>8:30</b> 5 <sup>th</sup> Sat: Our Place Society 919 Pandora Ave @ <b>8:15</b>		<b>F</b> Salv'n Army ARC <b>Brunch @ 11:45</b>
<b>Brunch @ 11am-2pm, 2nd Sat of mo.</b> Phone to confirm: 250 507-8271 Winners Chapel, 810 Cormorant		
<b>Sandy Merriman House</b> 809 Burdett Ave <i>Women &amp; Women Identified age 19 +</i> , <b>Lunch @ 11:30</b> (to 2pm for non-residents)		
Our Place <b>Lunch noon-1pm</b>		
3 <sup>rd</sup> Sat: St. Peter's Church 3939 St. Peter Rd <b>Lunch @ 11</b>	<b>Sanctuary Youth Centre</b> Ages 15-22 <b>767 Humboldt 3-6pm</b>	
<b>Rock Bay Landing</b> 535 Ellice St 50 meals for non-residents Tickets @ 3:30 <b>Dinner @ 4</b>	<b>CARTS</b> 3:30-5pm Downtown Community Centre Courtyard, 755 Pandora	
<b>Sanctuary Youth Centre Church of Our Lord, 767 Humboldt</b> Ages 15-22 <b>Dinner @3-6pm</b>	Living Edge Dinner Service QVCC Gym, 950 Kings Rd, Quadra Village <b>Dinner @ 4:30</b>	
Our Place <b>Dinner @ 5-6pm</b>		
Mustard Seed 625 Queens Ave Agape Meal @5pm	2nd Sundays / month ↓ <b>F</b> Family Dinner @ Mustard Seed 625 Queens	

Meal offerings may change before the next update and for Stat Holidays—please check with provider first. Please send updates to: [admin@victoriahomelessness.ca](mailto:admin@victoriahomelessness.ca)

## Family Friendly Meals:

Designed with families in mind, these meals are free unless otherwise specified.

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<b>Dinner</b>	Burnside Gorge Community Centre 471 Cecilia Rd	<b>Dinner @ 5</b> , Thursday only Free or by donation
	Fernwood Community Ctr. 1240 Gladstone Ave	<b>Dinner 5-7pm</b> Monday only Suggested donation: \$5

## Meals on the Peninsula:

**Sidney** hosts a Soup Social Community Lunch at rotating venues. PLEASE CONTACT THE VENUE TO BE SURE, especially summer months.

**Lunch @ 11:30-1** free or by donation, and **everyone is welcome.**

<b>Lunch</b>	Tuesday	St. Elizabeth's 10030 Third St
	Wednesday	St. Andrew's 9691 Fourth St
	Thursday	St. Elizabeth's 10030 Third St
	Friday	St. Stephen's 7921 St. Stephen's Rd near Mt Newton X Rd
	Saturday	Peace Lutheran "Soup's On " 2295 Weiler Ave

## Meals on Salt Spring Island:

**Salt Spring Island** Community Services, 268 Fulford-Ganges Rd.

**Brunch @ 9:30-12, Tuesdays.** Everyone welcome.

## Meals in Sooke:

Big House Breakfast Sooke Baptist Church (7110 West Coast Rd.)	<b>Breakfast @ 7:30-9</b> Mon and Wed
Holy Trinity Anglican Church (1962 Murray Rd.)	<b>Vital Vittles</b> <b>Lunch @ 11:30-1.</b> Fridays

## Food Banks in Greater Victoria:

FOOD BANK	REQUIREMENTS & HOURS:
Mustard Seed 250-953-1575 625 Queens Ave	<b>Required:</b> ID for person collecting. ID for all family members being collected for. <b>Hours:</b> Mon- Fri. 9am-1:30pm for appointment or walk-in. First two Fridays/month between 3-6pm by appointment only; ph: 250-953-1588; calls returned after 2pm *Hampers also available for clients without cooking facilities.
St. Vincent de Paul Social Concern Office 250-382-0712 828 View St	<b>Required:</b> ID for person collecting, and ID for all family members being collected for. Care Cards required for children. <b>Hours:</b> Mon-Fri. 8:30am-12pm, 1pm-4:00pm. *Hampers also available for clients without cooking facilities. <b>Availability:</b> Once every 30 days.
St. John the Divine Emerg Food Service 250-383-7169 1611 Quadra St	<b>Required:</b> No ID necessary, everyone welcome. <b>Hours:</b> Tues and Fri. 10am-12pm. Closed Fri & Tues after IA cheques issued; open Fri the following week. <b>Quantity:</b> Single or family sized. <b>Availability:</b> Once per month.
Living Edge Food Distribution 901 Kings Rd Quadra Village	<b>When:</b> Thursday <b>Hours:</b> 10:30am—11:30am
Goldstream Food Bank 250-474-4443 761 Station Ave	<b>Required:</b> Picture ID for person collecting. ID for all family members being collected for. Care Cards required for children. Proof of residence in Western Communities (mail, utility bill etc.) <b>Hours:</b> Tues and Wed. 9:30am-2:30pm. Open first 3 weeks of the calendar month.
<b>Sidney</b> Lions Food Bank 250-655-0679 9586 Fifth St	<b>Required:</b> Picture ID for person collecting, ID for all family members being collected for. Proof of residence (any mail with Peninsula address). Cloth bags to carry food, if possible. <b>Hours:</b> Mon, Wed, Fri. 9am-12pm. Closed the last week of month.
<b>Sooke</b> Food Bank 250-642-7666 2037 Shields Rd	<b>Required:</b> ID required for person collecting, and ID for all family members being collected for. Care Cards required for children. Proof of residence in Sooke. <b>Hours:</b> First 3 Thursdays of each month. 9:30am-3pm.
<b>Salt Spring Island</b> Food Bank 250- 537-9971 268 Fulford-Ganges	<b>Required:</b> No ID necessary, everyone welcome. <b>Hours:</b> Tues. 10:30am-4pm. <b>Quantity:</b> Relative to need, preference and family size. <b>Availability:</b> Once per week and on an emergency basis
<b>Quantity:</b> Based on family size (unless otherwise specified) <b>Availability:</b> Once per month (unless otherwise specified)	