

FOOD IN GREATER VICTORIA Update: 2017-August 30



F = Family Friendly

Coffee/Snacks—check with each food provider directly as the times can change.

Monday	Tuesday	Wednesday	Thursday	Friday
Our Place 919 Pandora Ave Breakfast @ 7-8				
F The 9-10 Soup Kitchen, Breakfast @ 8:30-10 , St Andrew's Cathedral, 740 View at Blanshard				
Salv'n Army ARC Lunch @ 11:45-12:030 F	Salv'n Army ARC Coffee/Snacks @ 10:30-11:30	Salv'n Army ARC Lunch @ 11:45-12:030 F		Salv'n Army ARC Lunch @ 11:45-12:30 F
Living Edge Food Distribution: Thurs: 10:30am, 901 Kings Rd				
Our Place 919 Pandora Ave Lunch @ noon-1pm				
F Rainbow Kitchen 500 Admirals Rd Lunch @ noon—first come first served Closed on any Statutory Holiday which occurs Monday-Friday, except Christmas & Thanksgiving.				
Sandy Merriman House 809 Burdett Ave <i>Women & Women Identified age 19 +</i> , Lunch @ 11:30 (to 2pm for non-residents)				
Peers, Mon-Thurs, #1, 744 Fairview Rd, Esquimalt, Lunch@12:30 , sex workers only				
Our Place 919 Pandora Ave Dinner @ 5-6pm				
Alliance Club (VYES) 533 Yates <i>Youth (13-19)</i> Dinner @ 5 pm ; snacks @ 7:30 pm				
Rock Bay Landing 535 Ellice St 50 meals for non-residents Tickets @ 3:30 Dinner @ 4		Anawim House 973 Caledonia 2PM sign up, max 20 people, 19+ only Dinner @ 5		Anawim House 973 Caledonia 2PM sign up, max 20 people, 19+ only Dinner @ 5
F Fernwood Community Centre 1240 Gladstone Ave Dinner 5-7pm Suggest \$5 donation				Sanctuary Youth Centre Church of Our Lord, 767 Humboldt Ages 15-22 Dinner @3-6pm
Every 2nd Monday Dinner @ 6 Gordon United, 935 Goldstream			Burnside Gorge @ 5pm Families only. F	Mustard Seed 625 Queens Ave Street Cafe Dinner @ 7

Saturday	Sunday	
Downtown Churches (location varies) F Pancake Breakfast 1 st Sat: Christ Church Cathedral @ Our Place Society @ 8:30 2 nd Sat: St. Andrews Kirk Hall 680 Courtney St @ 8:15 3 rd Sat: Glad Tidings 1800 Quadra St @ 8:30 4 th Sat: Central Baptist @ Our Place 919 Pandora Ave @ 8:30 5 th Sat: Our Place Society 919 Pandora Ave @ 8:15		F Salv'n Army ARC Brunch @ 11:45
Brunch @ 11am-2pm, 2nd Sat of mo. Phone to confirm: 250 507-8271 Winners Chapel, 810 Cormorant		
Sandy Merriman House 809 Burdett Ave <i>Women & Women Identified age 19 +</i> , Lunch @ 11:30 (to 2pm for non-residents)		
Our Place Lunch noon-1pm		
3 rd Sat: St. Peter's Church 3939 St. Peter Rd Lunch @ 11	Sanctuary Youth Centre Ages 15-22 767 Humboldt 3-6pm	
Rock Bay Landing 535 Ellice St 50 meals for non-residents Tickets @ 3:30 Dinner @ 4	CARTS 3:30-5pm Downtown Community Centre Courtyard, 755 Pandora	
Sanctuary Youth Centre Church of Our Lord, 767 Humboldt Ages 15-22 Dinner @3-6pm	Living Edge Dinner Service QVCC Gym, 950 Kings Rd, Quadra Village Dinner @ 4:30	
Our Place Dinner @ 5-6pm		
F Mustard Seed 625 Queens Ave Agape Meal @5pm	2nd & 3rd Sundays ↓ Family Dinner @ Mustard Seed 625 Queens	

Meal offerings may change before the next update and for Stat Holidays—please check with provider first. Please send updates to: admin@victoriahomelessness.ca

Food Banks in Greater Victoria:

Family Friendly Meals:

Designed with families in mind, these meals are free unless otherwise specified.

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Dinner	Burnside Gorge Community Centre 471 Cecilia Rd	Dinner @ 5 , Thursday only Free or by donation

Meals on the Peninsula:

Sidney hosts a Soup Social Community Lunch at rotating venues. PLEASE CONTACT THE VENUE TO BE SURE, especially summer months.

Lunch @ 11:30-1 free or by donation, and **everyone is welcome.**

Lunch	Tuesday *	St. Elizabeth's 10030 Third St
	Wednesday	St. Andrew's 9691 Fourth St
	Thursday *	St. Elizabeth's 10030 Third St
	Friday *	St. Stephen's 7921 St. Stephen's Rd near Mt Newton X Rd
	Saturday	Peace Lutheran "Soup's On " 2295 Weiler Ave

Meals on Salt Spring Island:

Salt Spring Island Community Services, 268 Fulford-Ganges Rd.

Brunch @ 9:30-12, Tuesdays. Everyone welcome.

Meals in Sooke:

Big House Breakfast Sooke Baptist Church (7110 West Coast Rd.)	Breakfast @ 7:30-9 Mon and Wed
Holy Trinity Anglican Church (1962 Murray Rd.)	Vital Vittles Lunch @ 11:30-1. Fridays

FOOD BANK	REQUIREMENTS & HOURS:
Mustard Seed 250-953-1575 625 Queens Ave	Required: ID for person collecting. ID for all family members being collected for. Hours: Mon- Fri. 9am-1:30pm for appointment or walk-in. Saturday afternoon by appointment only: ph: 250-953-1588; calls returned after 2pm *Hampers also available for clients without cooking facilities.
St. Vincent de Paul Social Concern Office 250-382-0712 828 View St	Required: ID for person collecting, and ID for all family members being collected for. Care Cards required for children. Hours: Mon-Fri. 8:30am-12pm, 1pm-4:00pm. *Hampers also available for clients without cooking facilities. Availability: Once every 30 days.
St. John the Divine Emerg Food Service 250-383-7169 1611 Quadra St	Required: No ID necessary, everyone welcome. Hours: Tues and Fri. 10am-12pm. Closed Fri & Tues after IA cheques issued; open Fri the following week. Quantity: Single or family sized. Availability: Once per month.
Living Edge Food Distribution 901 Kings Rd Quadra Village	When: Thursday Hours: 10:30am—11:30am
Goldstream Food Bank 250-474-4443 761 Station Ave	Required: Picture ID for person collecting. ID for all family members being collected for. Care Cards required for children. Proof of residence in Western Communities (mail, utility bill etc.) Hours: Tues and Wed. 9:30am-2:30pm. Open first 3 weeks of the calendar month.
Sidney Lions Food Bank 250-655-0679 9586 Fifth St	Required: Picture ID for person collecting, ID for all family members being collected for. Proof of residence (any mail with Peninsula address). Cloth bags to carry food, if possible. Hours: Mon, Wed, Fri. 9am-12pm. Closed the last week of month.
Sooke Food Bank 250-642-7666 2037 Shields Rd	Required: ID required for person collecting, and ID for all family members being collected for. Care Cards required for children. Proof of residence in Sooke. Hours: First 3 Thursdays of each month. 9:30am-3pm.
Salt Spring Island Food Bank 250- 537-9971 268 Fulford-Ganges	Required: No ID necessary, everyone welcome. Hours: Tues. 10:30am-4pm. Quantity: Relative to need, preference and family size. Availability: Once per week and on an emergency basis
Quantity: Based on family size (unless otherwise specified) Availability: Once per month (unless otherwise specified)	