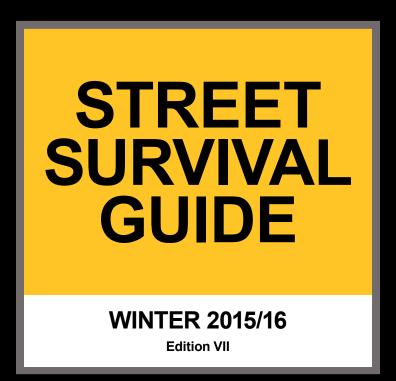
## **GREATER VICTORIA**





greater victoria coalition to end homelessness

## IN CASE OF AN EMERGENCY CALL 911

## **EMERGENCY SHELTERS**

Rock Bay Landing 250-383-1951

Salvation Army ARC 250-384-3396

Sandy Merriman House 250-480-1408

Victoria Women's Transition House Crisis Line: 250-385-6611

Cridge Transition House 24hr Line: 250-479-3963

Youth Emergency Shelter Information on page 13

## WHERE TO CALL FOR HELP

Victoria Sexual Assault Centre Crisis Line: 250-383-3232

**TAPS:** Income Assistance, Disability, Tenancy and Employment Advocacy. 250-361-3521

## Burnside Gorge Community Association Family Services. 250-388-5251

Victoria Youth Empowerment Society 250-383-3514

Nurse Line 811

## **GOVERNMENT PHONE NUMBERS**

Ministry of Social Development/Innovation & Income Assistance (including Gateway) 1-866-866-0800

Residential Tenancy Branch 250-387-1602

BC Ombudsperson 250-387-5855

Service BC: Services for social development. Mon-Fri 8:30-4:30pm. 250-387-6121

#### Service Canada Revenue Canada. Canada Pension

Plan, Records of Employment, HST/GST etc. 1-800-622-6232

## IF YOU ARE IN A **CRISIS** CALL THE CRISIS LINE: **1-888-494-3888**

# QUICK FINDER



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Street Survival Guide updated December 2015. Next issue scheduled for Spring 2016.

## FOOD



## **Rainbow Kitchen**

500 Admirals Rd 250-384-2069 Lunch: Mon-Fri 12pm, first come, first serve.Open Thanksgiving and Christmas. Bread and produce based on availability.

## **Our Place**

919 Pandora Ave 250-388-7112 Breakfast: 7-8am. Lunch: 12-1pm. Dinner: 5-6pm. Lunch and dinner only Sat, Sun and stat holidavs.

## **Mustard Seed**

625 Queens Ave 250-953-1575 Dinner: Fri 7pm. Reservation required. Call or sign up at Mustard Seed.

## Anawim House

973 Caledonia Ave 250-382-0283 Breakfast: Mon-Sat 10am Lunch: Sign-up from Mon-Fri 10-11am. Dinner: Thur & Fri, sign up by 2pm. For people abstinent from substances. Max 20 people for lunch and dinner.

## Living Edge

950 Kings Rd (CDI College building) 250-383-8915 Dinner: Sun 4:30pm.

## **Rock Bay Landing**

535 Ellice St 250-383-1951 Sat & Mon 3:30pm for tickets for non-residents. 50 tickets only.

## Salvation Army

525 Johnson St 250-384-3396 Lunch: Mon, Wed, Fri, Sun 11:45-12:30pm. Coffee and Donuts: Tues 10:30am.

## The Soup Kitchen

St Andrew's, 740 View St 778-440-7687 Breakfast: Mon-Fri 8:30-10am. Open all stats except Christmas Day.

## Sandy Merriman

809 Burdett Ave 250-480-1408 Lunch: For self-identified women, 7 Days, 11:30-2pm.

## **Food Not Bombs**

Pandora Ave at Vancouver St Meal: Sun 3:30pm.

#### PEERS

1-744 Fairview Rd, Esquimalt 250-382-3213 Lunch: For sex workers only, Mon-Thur, 12:30pm.

## Up to date food information: www.victoriahomelessness.ca/food

# SHELTERS

## Sandy Merriman

**809 Burdett Ave** 250-480-1408 Bed sign up starts at 7:30am. Beds assigned at 11:00am. Self-identified women, 19+.

#### Salvation Army ARC

525 Johnson St 250-384-3396 Men Only. 19 and older. Free dorm beds for 10 day

stay.

## Rock Bay Landing

250-383-1951 Bed sign-up until 2:45pm. 19+, pets ok.

### Cool Aid Seasonal Shelter

Downtown Community Centre 755 Pandora Ave 250-383-1951 Nov - Mar 31. 10pm-6:30am.

Youth Shelter Info on pg 13

Open nightly. Pets ok.



Our Place Seasonal Shelter First Met Church 932 Balmoral Ave 250-388-7112 Oct 15 - Mar 31. 7:30pm-7am. Pets ok.

Extreme Weather Protocol (EWP) 250-896-4012 Nov - Mar 31.

#### www.vewp.net

Extreme weather response shelters. Notice of activation at service providers, social media, website or by phone.

# 24 HR WASHROOMS



## **Centennial Square**

Between Pandora, Fisgard behind the security desk at the bottom of the parkade

## **Bastion Square**

On Langley St, between Yates St & Fort St

## **Rock Bay Landing**

**353 Ellice St** 250-383-1951 Open 24hrs. Buzzed in from 10pm-6am.

## STORAGE

Our Place

**919 Pandora Ave** 250-388-7112 Day Lockers, 8-3pm. Closed stat holidays.

#### Rock Bay Landing 535 Ellice St 250-383-1951 Day Lockers, 6am-10pm.



# FOOT CARE



Our Place Hygiene Area 919 Pandora Ave 250-388-7112 Phone for availability. Glad Tidings 1800 Quadra St 250-384-7633 3rd Sat of each month. 8:30am. First come first served.

## EMPLOYMENT

#### Work BC Employment Services Centres -<u>GT H</u>iring

201-1483 Douglas St 250-388-0858 102-415 Gorge Rd East 250-388-5627 Mon-Wed 8:30-5pm. Closes at 3pm Thur and 4:30pm Fri.

#### REES – Community Casual Labour Pool

**465 Swift St** 250-388-9296 Mon-Fri 9-3:30pm. Closed Tues 12-1pm.

#### John Howard Society

2675 Bridge St 250-386-3428 Employment services for federally released inmates.

#### Labour Unlimited

**1732 Douglas St** 250-386-8100 Show up at or before 6am for work.

#### Trades Labour Corporation

2028 Douglas St 250-386-0024 Show up from 5:30-6:30am for work. Fill out application same day, bring ID.

#### **Rhino Labour**

**110 - 2950 Douglas St** 250-381-0202 Show up at or before 6am for work. Need photo ID, proof of SIN number. Fill out application day before .

#### **Bridges for Women**

**1809 Douglas St** 250-385-7410 For women leaving abusive relationships.

### Volunteer Victoria

**306-620 View St** 250-386-2269 Mon-Fri 8:30-4:30pm. For volunteer work.

#### Victoria Native Friendship Centre, CEER Program

(Career, employment and education resources) **231 Regina Ave** 250-384-3211

#### Victoria Disability Resource Centre

817A Fort St 250-595-0044 Mon-Fri 9-4pm.

## Salvation Army

Stan Hagen Centre 2695 Quadra St 250-386-8521 Mon-Fri 9-11:45am 1-4:15pm.

Skills and computer training.

#### Literacy Victoria

817A Fort St 250-382-6315 Tue-Fri 10-3pm, or by appointment. Adult learning.

## LAUNDRY



## **Rock Bay Landing**

**535 Ellice St** 250-383-1951 7 days, 6:30am-11pm. Call to sign up. Anawim House

**973 Caledonia Ave** 250-382-0283 Mon-Fri 10am-3pm. Sat 10-2pm. For people abstinent from substances.

### **Sandy Merriman**

**809 Burdett Ave** 250-480-1408 7 days, 11:30-4pm. Self-identified women.

# HAIR CUTS

Our Place 919 Pandora Ave 250-388-7112 Tues 1-3pm. Sun 12:30-2:30pm Mustard Seed 625 Queens Ave 250-953-1575 Mon, Wed, Thur 10-2pm.

# FREE PHONE

## Rock Bay Landing

**535 Ellice St** 250-383-1951 6am-10pm front desk.

## Pacifica DOS Office

## 826 Cormorant St

250-356-2555 Tues, Thur, Fri 8:30-4:30pm, closed noon-1pm. Wed 1-4:30pm (Open all day on cheque issue day).

## **Bay Centre**

Lower floor 25 cents.

#### Sandy Merriman 809 Burdett Ave 250-480-1408 11:30-4pm.

Self-identified women.

#### Downtown Community Centre 755 Pandora Ave

250-383-0076 Mon-Fri 8:30-2:30pm. Hours subject to change, posted weekly. \$6 monthly voicemail service.

#### Quadra Village Community Centre 901 Kings Rd

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250-388-7696 Mon-Fri 9-3:30pm, closed Tue 1-3:30pm. Local calls only (10min max).

## REES

**465 Swift St** 250-595-8619 Mon-Fri 9-3:30pm. Closed Tues 12-1pm.

# GROCERIES



#### St Vincent De Paul 828 View St

250-382-0712 Mon-Fri 8:30-4pm, closed from noon-1pm.

## St John the Divine

## 1611 Quadra St

250-383-7169 Tues & Fri 10-noon. Closed the week after cheque issue.

#### Mustard Seed 625 Queens Ave

250-953-1575 ext 116 Mon-Fri 9-2pm. For appointments call before 2pm, ID required.

## Living Edge

901 Kings Rd 250-383-8915 Tues, Thur 10:30am until gone. Out of Quadra Village Community Centre.



250-386-8521 Mon-Fri 9-11:45am, 1-4:15pm. Emergency hamper 3x per year.

# FREE INTERNET

Our Place Computer Room 919 Pandora Ave

## 250-388-7112 7am-8pm. Stat holidays 7-4pm.

Work BC Employment Service Centres -GT Hiring Registration required. Intended for job search activities.

201-1483 Douglas St 250-388-0858 102-415 Gorge Rd East 250-388-5627 Mon-Wed 8:30-5pm. Closes at 3pm Thur and 4:30pm Fri. Greater Victoria Public Library 735 Broughton St 250-940-GVPL (4875) Mon, Fri, Sat 9-6pm. Tues-Thur 9-9pm. Sun 1-5pm. Additional locations: www.gvpl.ca

#### Victoria Disability Resource Centre

817A Fort St 250-595-0044 Mon-Fri 9-4pm.

Rock Bay Computer Room 535 Ellice St 250-383-1951 Daily, variable hours. Downtown Community Centre 755 Pandora Ave 250-383-0076 Mon-Fri 8:30-2:30pm. Hours subject to change, posted weekly.

## Quadra Village Community Centre

901 Kings Rd 250-388-7696 Mon-Fri 9-3:30pm, closed Tues 1-3:30pm. Internet, wifi, fax and photo copy.

#### REES

**465 Swift St** 250-595-8619 Mon-Fri 9-3:30pm. Closed Tues 12-1pm.



## SHOWERS

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Our Place 919 Pandora Ave 250-388-7112

8-3pm. Closed stat holidays.

#### Rock Bay Hygiene Area 535 Ellice St 250-383-1951 Daily, variable hours.



Anawim House

973 Caledonia Ave 250-382-0283 Mon-Fri 10-3pm. Sat 10-2pm. For people abstinent from substances.

Sandy Merriman 809 Burdett Ave 250-480-1408 7 Days, 11:30-4:30pm. Self-identified women.

## HARM REDUCTION RESOURCES



#### AVI

**3<sup>rd</sup> Floor, 713 Johnson St** 250-889-0268 Daily 3-10pm. **Mobile** 250-896-AVIX (2849) Wed-Fri 12-4pm.

For Overdose Prevention/Response Training call Harm Reduction Services Coordinator 250-384-2366 ext 3104

#### **Sobering and Assessment**

#### Centre

**1125 Pembroke St** 250-213-4444 Open 24/7.

## **PACIFICA DOS**

826 Cormorant St 250-356-2555 Tues, Thur, Fri 8:30-noon, 1-4:30pm. Wed 1-4:30pm (Open all day on cheque issue day).

#### SOLID

**857 Caledonia Ave** 250-298-9497 Mon-Fri 1-3pm for peer support and safer substance use information.

Outreach Downtown On foot: Every morning 7:30-9:30am. Tue-Thur, and Sat 5:30-7:30pm.

## **Cool Aid Pharmacy**

**713 Johnson St** 250-385-1466 Mon-Tues 9-6pm. Wed-Thur 9-8pm. Fri 9-3pm. Sat 10-2pm.

## PEERS

Night Outreach: Government and Discovery, and on Rock Bay Ave 250-744-0171 Nightly 6:30-11pm. Drop-In Centre/Wellness Clinic: 1-744 Fairview Rd 250-388-5325 ext 100 Mon-Thur 11-2:30pm

# HEALTH & DENTAL

Please call to confirm hours.

Cool Aid Community Health Clinic

## 713 Johnson St

250-385-1466 Mon & Tues 9-6pm. Wed & Thur 9-8pm. Fri 9-3pm. Sat 10-2pm. Same day booking.

## Cool Aid Dental Clinic

713 Johnson St 250-383-5957 Mon-Fri 9-4pm. Closed 1-2pm. Call to make appointment.

## **Our Place**

919 Pandora Ave 250-388-7112 St. John Ambulance Tues 10-12pm. Minor injuries to seriously infected wounds. Community Acupencture Clinic Thur 3:15-5:15pm

#### Pandora Dental Group

**1035 Pandora Ave** 250-385-0311 Call to make appointment.

## PEERS

1-744 Fairview Rd Drop-In Wellness Clinic 250-388-5325 ext 100 Bi-weekly Mon-Thur 11-2:30pm. Health Support and Outreach 250-744-7690 Help getting tested for, and manage, STIs For former and current sex

## workers

Island Health Street Nurse Mon-Tues 8-8pm. Wed-Thur 8-4:30pm. Fri 12:30-7:30pm. Call 250-361-7056 (Mon-Thur) or 250-818-3373 (Tues, Thurs, Fri) for details.

Yates St Walk-In Clinic 105-911 Yates St 250-388-3080 Mon-Thur 8:30-8pm. Fri 8:30-7pm. Sat 9-5pm. Sun 10-4pm.



Rock Bay Landing 535 Ellice St 250-383-1951 Nurses: Fri 9:30-11:30am. Dr. Price: Thur 9am-noon.

Burnside Walk-In Clinic

**101 Burnside Rd** 250-381-4353 Mon-Thur 7:30am-9pm. Fri 7:30-6pm. Sat & Sun 9-6pm.

## **STI Clinic**

**1947 Cook St** 250-388-2225 Free STI testing. Mon 10-2pm. Tues & Thur 1-4pm. By appointment.

## PET CARE

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## Our Place

**919 Pandora Ave** 250-388-7112 2<sup>nd</sup> Thursday of the month 8-3pm.



**Dog and cat food** occassionally available at food banks and emergency shelters, ask the staff.

# THRIFT STORES

Value Village 1810 Store St 250-380-9422

Beacon Community Services 2676 Quadra St 250-479-8849 715 Pandora Ave 250-388-3500 WIN Store 795 Pandora Ave 250-480-4006

Salvation Army 525 Johnson St 250-384-3755 2-990 Hillside Ave 250-380-7717



St Vincent De Paul 833 Yates St 250-382-3213

Bibles for Missions 2520 Government St 250-361-9398

## CLOTHING & HOUSEHOLD ITEMS



## Mustard Seed

625 Queens Ave 250-953-1575 Mon-Fri 9-11:30am.

## **Our Place**

**919 Pandora Ave** 250-388-7112 8-3pm.

## Quadra Village Community Centre

901 Kings Rd 250-388-7696 Clothing Room: Mon, Wed-Fri 9am-noon, 1:30-3pm. Tues 9am-noon.

#### Rock Bay Landing Clothing Room 535 Ellice St

250-383-1951 Daily, variable hours.

## St Vincent de Paul

828 View St 250-382-0712 Mon-Fri 8:30-4pm, closed from noon-1pm. Voucher twice per year.

## Salvation Army Stan Hagen Centre

2695 Quadra St 250-386-8521 Mon-Fri 9-11:45am, 1-4:15pm. Emergency voucher once per year.

#### Free books available at:

Mustard Seed, Our Place Computer Room, Rock Bay Landing & Salvation Army.

## **DOWNTOWN VICTORIA**

- 1 The Soup Kitchen 740 View St
- 2 Action Committee for People with Disabilities 948 View St
- 3 Anawim House 973 Caledonia Ave
- 4 Bridges for Women Society 1809 Douglas St
- 5 Cool Aid Clinic, Dental, AVI Office, 713 Outreach 713 Johnson St
- 6 Downtown Community Centre 755 Pandora Ave
- 7 Work BC GT Hiring 201-1483 Douglas St
- 8 Labour Unlimited 1732 Douglas St
- 9 The Law Centre, Justice Access Centre 225-850 Burdett
- 10 Legal Aid BC 218-852 Fort St
- 11 Library Main Branch 735 Broughton St
- 12 Literacy Victoria 817A Fort St
- 13 Men's Trauma Centre 102-1022 Pandora Ave
- 14 Our Place 919 Pandora Ave
- 15 Pacifica DOS Office 826 Cormorant St

- 16 Pandora Dental Group 1035 Pandora Ave
- 17 REES 465 Swift St
- 18 Salvation Army 525 Johnson St
- 19 Sandy Merriman House 809 Burdett Ave
- 20 Service Canada 1401 Douglas St
- 21 SOLID 857 Caledonia Ave
- 22 STI Clinic 1947 Cook St
- 23 St John the Divine 1611 Quadra St
- 24 St Vincent De Paul Social Concerns Office 828 View St
- 25 TAPS 302-895 Fort St
- 26 Trades Labour Corp 2028 Douglas St
- 27 Victoria Disability Resource Centre 817A Fort St
- 28 Victoria Youth Empowerment Society, Youth Clinic 533 Yates St
- 29 Volunteer Victoria 306-620 View St
- 30 Yates St Integrated Health Clinic 105-911 Yates St
- 31 YMCA 851 Broughton St







## THE GORGE

- **32 Burnside Gorge Community Assoc.** 471 Cecelia Rd
- 33 Work BC GT Hiring 102-415 Gorge Rd East
- 34 John Howard 2675 Bridge St
- 35 Mustard Seed 625 Queens Ave
- 36 Rhino Labour 110-2950 Douglas St
- 37 Rock Bay Landing 535 Ellice St
- 38 Single Parent Resource Centre 602 Gorge Rd East

## WHERE CAN I CALL FOR HELP? (SENIORS)

## **James Bay New Horizons**

**234 Menzies St** 250-386-3035 Mon-Sat 9-4pm.

### Quadra Village Community Centre

901 Kings Rd 250-388-7696 Senior Entitlement Service Mon & Thur 9-noon, 1-3pm.

## **Seniors Serving Seniors**

250-382-4331 Information & referral service. Seniors Services Directory available.

#### Silver Threads Saanich

286 Hampton Rd 250-382-3151 Mon-Fri 8:30-4pm. Lunch 11:30-1:30pm. Seniors activities, counseling and advocacy. Victoria 2340 Richmond Rd 250-388-4268 Mon-Fri 8:30-4pm. Seniors activities, counseling and advocacy.

## CRISIS LINE 1-888-494-3888

## WHERE CAN I CALL FOR HELP? (YOUTH)



## Out of the Rain Youth Shelter Changing locations.

250-415-3856 Youth 15-25. Oct 15 to Apr 15. Pets allowed some days. www.outoftherainvictoria.ca

#### Kiwanis Emergency Youth Shelter

**2117 Vancouver St** 250-386-8282 Youth 13-18.

## Victoria Youth Empowerment Society

## 533 Yates St

250-383-3514 Youth 13-19. Daytime Drop-in: 9-5pm. Showers, laundry, clothing and internet.

Access to youth detox, outreach team, mental health liaison counselor, life skills program

Alliance Club: drop-in Mon-Thur 3-9:30pm. Dinner served at 5pm, snack at 8pm.

### Burnside Gorge Community Association

### 471 Cecelia Rd

250-388-5251 Youth Outreach: Mon-Fri 9-4:30pm. Youth Drop In: Wed-Fri 5-8pm.

## Sanctuary Youth Drop-In

767 Humboldt St (church basement) 250-385-6255 For youth 19 or under. Fri-Sun 3-6pm. Warm meals, showers, laundry and more. www.sanctuaryyouth.ca Warming station for youth open 5-10pm during EWP activations (see pg.3). Transportation to the Out Of The Rain shelter is available between 9-10pm from this location.

## Victoria Youth Clinic

### 533 Yates St (back entrance) Outreach 250-818-0897

250-383-3552 Mon-Thur 11-5pm. Primary health care, mental health and substance use, counseling support/care, lab and outreach services. Youth 12-24. No CareCard needed. www.victoriayouthclinic.ca

Threshold Youth Housing 250-383-8830 Youth 16-21.

## Boys and Girls Club

**301-1195 Esquimalt Rd** 250-384-9133 Mon-Thur 8:30-4:30pm. Fri 8:30-1pm.

#### Victoria Native Friendship Centre

**231 Regina Ave** 250-384-3211 Youth Drop-In. Mon-Thur 4-8pm. Fri 2-8pm. Youth support workers, youth addictions and youth and family counselors available

## **Beacon of Hope House**

**525 Johnson St** 250-381-9474 for referrals. Operated by Salvation Army ARC. Male youth aged 13-18. 90 day addiction recovery program.

## **Umbrella Society**

901 Kings Rd 250-380-0595 Mon-Fri 8:30-4:30pm. Addiction and mental health.

## CRISIS LINE 1-888-494-3888

# WHERE CAN I CALL FOR HELP?

## COUNSELLING AND SUPPORT

### • • • • • • • • • • • • • • • •

## Victoria Sexual Assault Centre

#### 201-3060 Cedar Hill Rd

250-383-5545 Mon-Fri 9-5pm. Closed all stat holidays. Crisis Line: 250-383-3232 Crisis Line for people of all genders, 24hrs.

## PEERS

#### 1-744 Fairview Rd

250-388-5325 x100 Drop In Centre: Mon-Thur 11-2:30pm. Access health and housing support workers, consultations with lawyers and street nurses. For former and current sex workers.

## Men's Trauma Centre

#### 102-1022 Pandora Ave

250-381-6367 Mon-Fri 9-4pm. For men suffering from the effects of trauma.

## Society of Living Illicit Drug Users (SOLID)

## 857 Caledonia Ave

250-298-9497 Mon-Fri 1-3pm. Peer support, educational programming, support groups, referrals and information. Peer Support Meeting: 2nd & 4th Saturday of the month, 1-2:30 PM. Open to all past and current substance users

## Island Community Mental Health

#### 125 Skinner St

250-389-1211 Mon-Fri 8:30-4:30pm. Support & Employment Services.

## **Umbrella Society**

**901 Kings Rd** 250-380-0595 Mon-Fri 8:30-4:30pm.

## BC Schizophrenia Society, Victoria

## 941 Kings Rd

250-384-4225 Mon-Fri 9-4pm. Client and Family Services. Peer support services, support for individuals with any mental health diagnosis and those with no diagnosis.

## Citizens Counseling

## 941 Kings Rd

250-384-9934 Mon-Fri 9:30-4:30pm, no phones answered 10-2pm. Sliding scale fee.

## Victim's Services

250-995-7351 for referral. Mon-Fri 9-5pm.

## Victoria Disability Resource Centre

817A Fort St 250-595-0044 Mon-Fri 9-4pm. Support for people living with disabilities.

## Vancouver Island Persons Living with HIV/AIDS

**101-1139 Yates St** 250-382-7927 Mon-Thur 11-4pm. Fri 11-3pm. Peer support and treatment information by and for persons living with HIV/AIDS.

## La Société francophone

**200-535 rue Yates** 250-388-7350 Lun-Jeud 8:30 à 17, Ven 8:30 à 16.

## **Our Place**

**919 Pandora Ave** 250-388-7112 First Nations Residential School Survivor Counsellor Fri 9-12pm.



## LEGAL SUPPORT AND ADVOCACY

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## Law Centre

225-850 Burdett Ave

250-385-1221 Mon-Fri 9-noon, and 1-3:30pm. Free legal advice. Small cases, criminal, civil, and family law.

## Legal Aid

#### 218-852 Fort St

250-388-4516 Family, criminal and immigration cases only. Intake also at courthouse.

## TAPS

## 302-895 Fort St

250-361-3521 Mon 1-4:30pm. Tues-Thur 9:30-noon, 1-4:30pm. Fri 1-4pm. Income Assistance, Disability, Tenancy & Employment Advocacy.

## **Justice Access Centre**

**225-850 Burdett Ave** Mon, Tues, Wed, Fri 8-5:30pm. Thur 8-6:30pm. Family law issues. Family justice counselors, information, mediation, children and spousal support.

## FREE LEGAL CLINICS

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## Rock Bay Landing

535 Ellice St 250-383-1951 Ask CSWs for support in booking. Mon-Fri 8-7pm. Sat 7-5pm.

## **Office of Carole James**

MLA Victoria, Beacon Hill 1084 Fort St 250-952-4211 Wed 5-6pm.

## Quadra Village Community Centre

901 Kings Rd 250-388-7696 Wed 2-3pm. Call for appointment.

## CRISIS LINE 1-888-494-3888

## WHERE CAN I CALL FOR HELP? (FAMILIES)



## Victoria Native Friendship Centre

231 Regina Ave 250-384-3211 Family Programs. Intakes Mon-Fri 9-10:45am and 2:30-3:45pm. Family lunch on Fri 12-1pm.

#### Burnside Gorge Community Association

**471 Cecelia Rd** 250-388-5251 Mon-Fri 9-4:30pm. Family Dinners on Thur 5pm.

#### Single Parent Resource Centre

**602 Gorge Rd East** 250-385-1114 Mon, Tues, Thur, Fri 9-4pm. Wed 12-7pm.

#### Family Services of Greater <u>Vict</u>oria

**899 Fort St** 250-386-4331 Hours vary, please call ahead. Families dealing with divorce or separation.

## Cridge Centre for the Family

#### 24hr Line: 250-479-3963

**1307 Hillside Ave** Transition House, emergency shelter, counseling for women and children fleeing abuse.

### Surrounded by Cedar

211-1497 Admirals Rd 250-383-2990 Toll-free 1-855-383-2990 Aboriginal Youth and Family Services.

## Young Parent Support Network

Saanich Neighbourhood Place, 3100 Tillicum Rd

250-384-0552 For pregnant and parenting young parents ages 13-29. Call first to see if they are on site.

#### Salvation Army Stan Hagan Centre for the Family

2695 Quadra St 250-386-8521 Mon-Fri 9-11:45am, 1-4:15pm. Counseling, emergency assistance, Christmas assistance.

### Quadra Village Community Centre

**901 Kings Rd** 250-388-7696 Mon, Wed, Thur 9-4pm. Tues 9-1:30pm, 3-4pm.

### Victoria Women's Transition House

24/7 Crisis Line: 250-385-6611 General: 250-592-2927 For women fleeing abuse.

## Greater Victoria Housing Society

### 2326 Government St

250-384-3434 Mon-Fri 8:30-4:30pm. Housing for low income working families.

### Esquimalt Teen Centre

#### 537 Fraser St

250-412-8530 (no voicemail) Free After-School Drop-In (Grades 6-8): Tues & Thur 3-5pm. 13-18 year olds: Thur-Sat 7pm-10pm.

## Her Way Home

211-547 Michigan St 250-519-3681 For pregnant and early parent women impacted by substance use issues.

## **Umbrella Society**

**901 Kings Rd** 250-380-0595 Mon-Fri 8:30-4:30pm.

CRISIS LINE 1-888-494-3888

## SUBSTANCE USE SERVICES & SUPPORT

#### Island Health Withdrawal Management Services 1125 Pembroke St

250-213-4441 24hr walk-in.

#### Sobering & Assessment Centre

Shelter and assessment of inebriated clients, less than 24 hours.

#### Detox

Short-term for acute medical withdrawal, 10 days. 250-213-4444 or by community referral

#### Stabilization

Longer term 7-30 days. 250-213-4444, or by community referral

#### Recovery Addictions Support (RAS)

7 day a week program for clients new to recovery. psychoeducational groups Narcotics Anonymous 24 Hr Helpline: 250-383-3553 www.svina.ca

Alcoholics Anonymous Central Office 24 Hr Hotline: 250-383-7744 www.aavictoria.ca

Drug & Alcohol Counselor at Cool Aid Clinic

713 Johnson St Call 250-385-1466 to make appointment.

## Addictions

Outpatient Treatment

## 2nd floor-1250

Quadra St

250-519-3544 Intake for newcomers Mon-Fri 9-4pm. Walk-in, self referral. Salvation Army Addictions Rehabilitation Centre

525 Johnson St 250-384-3396 Mon-Fri 8:30-4:30pm. See case workers for in house support and referrals.

LifeRing 250-920-2095 www.liferingcanada.org

## **Umbrella Society**

**901 Kings Rd** 250-380-0595 Mon-Fri 8:30-4:30pm.

Referrals to Detox, Stabilization and Treatment available at Our Place, Cool Aid Clinic, Mustard Seed, AVI, Sandy Merriman, PEERS and Rock Bay Landing and Addiction Outpatient Treatment Clinic

## HOW TO:

## **ID REPLACEMENT**

#### Rock Bay Landing CSWs 535 Ellice St

Mon-Fri 8am-7pm. Sat 7am-5pm. Drop-in service, sign up and wait.

#### Service Canada 1401 Douglas St

Mon-Fri 8:30-4pm. For replacement SIN card or proof of SIN while waiting for ID.

#### Salvation Army Case Workers 525 Johnson St Mon-Fri 8:30-4:30pm.





# HOW TO: (CONTINUED)

#### APPLY FOR INCOME ASSISTANCE

Rock Bay Landing CSWs 535 Ellice St 250-383-1951 Mon-Fri 8-7pm. Sat 7-5pm. For online application.

Our Place Outreach Staff 919 Pandora Ave

250-388-7112 9:30-6pm.

## APPLY FOR DISABILITY OR PPMB DESIGNATION

**TAPS 302 – 895 Fort St** 250-361-3521 Mon 1-4:30pm. Tues-Thur 9:30-noon, 1-4:30pm. Fri 1-4pm.

#### REES

**465 Swift St** 250-388-9296 Mon-Fri 9-3:30pm. Closed Tues 12-1pm.

Action Committee for People with Disabilities 948 View St 250-383-4105 Mon to Fri 9-4pm.

Victoria Disability Resource Centre 817A Fort St 250-595-0044 Mon-Fri 9-4pm.

#### PWD/DISABILITY ENTITLEMENTS

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Province-wide bus pass, dental, camping in provincial parks, fishing licenses, Ferry 50% off. (More info at TAPS). Bus Pass Program: 1-866-866-0800, press 4, then press 3. An annual transportation allowance in lieu of a bus pass is available.

## DO MY TAXES

**TAPS 302 – 895 Fort St** 250-361-3521 First come, first serve. Thur 9-11am, 1-4pm.

St Vincent de Paul, Social Concern Office 828 View St 250-382-0712 Mon-Fri 8:30-4, closed from noon-1pm.

#### GET A LIBRARY CARD

**Central Library 735 Broughton St** 250-940-4875 www.gvpl.ca Mon, Fri, Sat 9-6pm. Tues-Thur 9-9pm. Sun 1-5pm. Bring ID, proof of address or letter stating you do not have ID and are staying at shelter.

#### GET A LIFE PASS APPLICATION (FOR ANY REGIONAL REC CENTRE)

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Rock Bay Landing front desk 535 Ellice St 250-383-1951

Our Place Outreach 919 Pandora Ave 250-388-7112 9:30-6om.

## **GET A YMCA PASS**

YMCA-YWCA of Greater Victoria 851 Broughton St

250-386-7511 Membership Assistance: Requires ID, proof of income and fill out a form.

## JOIN A RUN CLUB

Every Step Counts Running & Walking Group 755 Pandora Ave

Tues & Thur 3-4:30pm. Wed & Fri 3:30-5pm.



## HOW TO: ACCESS HOUSING



826 Cormorant St 250-356-2555 Tues, Thur, Fri 8:30-noon, 1-4:30pm. Wed 1-4:30pm (Open all day on cheque issue day).

#### Our Place Outreach Staff

919 Pandora Ave 250-388-7112 9:30-6pm.

#### BC Housing Registry

201-3440 Douglas St Mon-Fri 8:30-4:30pm.

#### Threshold Youth Housing

250-383-8830 Housing office: 778-406-0558 Transitional housing for youth age 16-22.

#### Island Community Mental Health

**125 Skinner St** 250-389-1211

## SAFER

Shelter Aid for Elderly Renters 1-800-257-7756 BC Housing seniors rental subsidy for private market housing.

## RAP

Rental Assistance Program 1-800-257-7756 BC Housing Subsidy for

working poor families.

## Greater Victoria Housing Society

2326 Government St 250-384-3434 Mon-Fri 8:30-4:30pm. Housing for low income seniors, families, and individuals with disabilities.

### M'akola Housing Societies

**3016 Cedar Hill Rd** 250-384-1423 Aboriginal Family Housing. Application available online: www.makola.bc.ca Fill out application prior to accessing services.

## **Rock Bay Landing**

535 Ellice St 250-383-1951 Client Service Workers. Market housing search help. Mon-Fri 8-7pm. Sat 7-5pm.

## Victoria Native Friendship Centre

**231 Regina Ave** 250-384-3211 Housing Outreach for

Aboriginal youth, singles and families, housing referrals.

## Salvation Army ARC

**525 Johnson St** 250-384-3396 Transitional housing, men 19 years and older only.

#### Burnside Gorge Community Association

**471 Cecelia Rd** 250-388-5251 Housing Outreach for Families. Mon-Fri 9-4:30pm.

Centralized Access to Supportive Housing (CASH) Referrals: Pacifica DOS, Rock Bay, Friendship Centre, Salvation Army, AVI, REES, PEERS, Sandy Merriman and some Island Health facilities.

## If you are facing eviction find out about the Homelessness Prevention Fund at:

www.victoriahomelessness.ca>Get Informed>Homelessness Prevention Fund

If you have a tenancy issue go to **TAPS** for Tenant Advocacy: **302 – 895 Fort St** Mon 1-4:30pm. Tues-Thur 9:30-12pm, 1-4:30pm. Fri 1-4pm. Or call the **Residential Tenancy Branch**, at 250-387-1602



## BYLAWS THAT AFFECT YOU

## Streets and Traffic Bylaw

- No camping or erecting structures on boulevards or medians at any time.
- Cannot sit, kneel, squat, panhandle, or lie on a sidewalk in a manner that obstructs pedestrians, at any time.
- Cannot obstruct a sidewalk at any time with your personal property (chattels).
- Cannot obstruct sidewalks between 8am and 9pm in the downtown area for any reason (if panhandling downtown, you must be standing, or seated on an existing bench etc. on the sidewalk).
- If panhandling, you cannot ask passersby more than once for money.
- Cannot panhandle in groups of more than 2 persons.
- Cannot solicit within 6 metres of a bank entrance, bank machine or parking ticket dispensing machine.
- Cannot solicit from persons in passing motor vehicles.

## **MY RIGHTS**

- I can refuse to talk to police or answer their questions, unless I am in a bar or a cinema, driving a car, or they say I broke the law. In those cases I must give my name, birthdate and address, or show my ID, but I do not have to say anymore.
- I can say "NO" if the police ask to search me or my things. Saying "NO" does not mean I have something to hide.
- I can leave unless I am being detained or arrested.

## Parks Regulation Bylaw

- If you are homeless you can camp and erect a structure in a park from 8pm-7am during daylight savings, from 7pm-7am during the winter.
- You cannot camp in environmentally sensitive areas, and no fires in parks unless in officially designated fire pits. Campers must use washroom facilities in parks.
- Park offices for the City are in Beacon Hill Park, off Cook St in Park's Yard
- Cannot bring excess belongings into a park, only basic personal effects.
- The city will remove any unattended belongings, at any time of day or night, which will be impounded and held for a limited duration (around 30 days).

Please call 250-361-0215 to inquire about belongings that have been removed or to ask other bylaw questions.

## PRODUCED BY PIVOT LEGAL SOCIETY

equality lifts everyone
for an being detained or arrested, I have
a right to know why and a right to speak

- 4. If I am being detained or arrested, I have a right to know why, and a right to speak privately to a lawyer – without delay – even if I can't afford to pay.
- I can only be strip-searched in private and by officers of the same sex.
- 6. I have a right to know a police officer's name and badge number.
- 7. I can report a police officer who abuses me, swears at me, or violates my rights.



## WINTER 2015/16

## For more information go to:

www.victoriahomelessness.ca

FUNDED BY:



United Way Greater Victoria



## IF YOU FOUND THIS GUIDE USEFUL AND NO LONGER NEED IT, PLEASE PASS ALONG TO A FRIEND.

Created by a group of volunteers with street-life experience, this guide is to help those experiencing homelessness and extreme poverty access resources to meet their needs.

PUBLISHED BY:



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