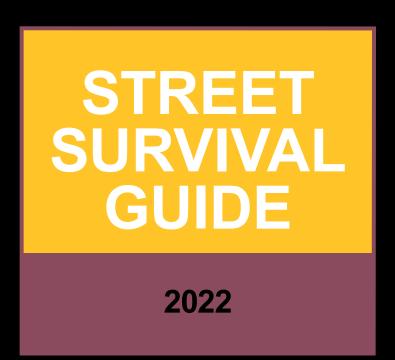
GREATER VICTORIA





greater victoria coalition to end homelessness

hope has found a home

HELP NUMBERS:

CALL OR TEXT **211** (24/7) <u>BC211.CA</u> (24/7) **...**

HEALTHLINK BC tel: 811 (24/7)

TAPS 250-361-3521 email: Cogether Against Poverty Society) Income Assistance, Disability, Taxes, Tenancy & Employment Advocacy

Burnside Gorge Community Association 250-388-5251 email:

EMERGENCY SHELTERS: (More info on page 3)

Rock Bay Landing 250-383-1951

Salvation Army ARC 250-384-3396

Sandy Merriman House 250-480-1408 self-identified women 19+

Victoria Women's Transition House Crisis Line: 250-385-6611

The Cridge Transition House self-identified women 250-479-3963 24/7

Our Place, 919 Pandora Ave Daily Drop in Centre: 6:30am-9pm

CALL 911 FOR EMERGENCY ONLY

GOVERNMENT PHONE NUMBERS:

BC Ministry of Social Development & Poverty Reduction 1-866-866-0800 Service BC 250-387-6121 Government of BC Services Mon-Fri 7:30am-5pm BC Residential Tenancy Branch BC Ombudsperson - 250-387-5855 - 947 Fort St (2nd floor) Office of Grace Lore, MLA Victoria-Beacon Hill 1084 Fort St Mon-Thurs 10am-12:30 & 1:30-4pm. Offering assistance with advocating / liaising with provincial government agencies and replacement ID Service Canada, Revenue Canada, Canada Pension Plan, Records of Employment, EI, GST, SIN, Passport, etc 1.800.622.6232 https://www.canada.ca/en/employment-social-development/services/my-account.html Colwood: 3179 Jacklin Road Request help online: <u>eServiceCanada</u> Victoria: 1150 Douglas St, Bay Centre, Suite 450 (4th floor)

CRISIS LINE 1.888.494.3888 24/7

Reach out, you're not alone.

QUICK FINDER

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Foot Care	9
Health	10
Dental	10

Street Survival Guide updated Feb 2022





Next scheduled update: May 2022

MEALS



Rainbow Kitchen 500 Admirals Rd

250-384-2069 Meals are M-F starting at 8:30am First come, first serve. Christmas meal Dec 25. Bread and produce based on availability

Our Place 919 Pandora Ave



250-388-7112 Breakfast: 7-8am Lunch: 12-1pm Dinner: 5-6:30pm. 7 days a week Coffee Service: 8-10 am, 2-4 pm, 6-8 pm (when there are volunteers)

Mustard Seed

625 Queens Ave 250-953-1575 Lunch: Mon-Fri 12-1pm Coffee & afternoon programs. Street Cafe: Fri 6pm Agape Lunch: Sat 12 noon

Anawim House

973 Caledonia Ave 250-382-0283

Breakfast: Mon-Tue Thu-Fri 10am Lunch: Signup 10-11am Mon, Tue Thu, Fri (Max 20 / lunch) Showers/Laundry: Mon, Tue, Thu, Fri 9:30-3pm For people 19+ abstinent from substances.

Salvation Army ARC 525 Johnson St

250-384-3396 Lunch: Mon-Fri: 12 noon

Up to date food information: Meals and Food Banks

9-10 Club Soup Kitchen

St Andrew's Cathedral URL 740 View St 778-440-7687 Breakfast: Mon-Fri 8-10am Open during COVID-19 with soup-togo bagged meals. Open all stat holidays except Christmas Day

Sandy Merriman House

250-480-1408

Lunch suspended due to COVID. For women at risk of/ experiencing homelessness, including trans women, gender fluid & non-binary people

IIPI

PEERS

1-744 Fairview Rd, Esquimalt 250-388-5325 Lunch: For current and former sex workers only, Mon-Thur 12:30pm

Food Not Bombs



Centennial (Spirit) Square Sun 4:30-5pm Vegan, homecooked meal

Red Cedar Café

1900 Douglas St (Le Soleil)

Weds @ 4pm Menu posted (~24hrs) Delivery/Pickup Sunday. Pay what you can 778-817-0395 / URL

SHELTERS

Rock Bay Landing (vcas) 535 Ellice St 250-383-1951 Bed signup starts @ 7am Bed giveaway @ 1pm Shelter curfew 2–5am • 19+ pets ok URL

Sandy Merriman House (VCAS) 809 Burdett Ave 250-480-1408 Bed signup starts @ 7:30am Beds assigned @ 2:00pm For women at risk of / experiencing homelessness, including trans women, gender fluid & non-binary people, 19+

The Arbutus 2916 Douglas St (around back) (PHS) 250-360-0093

24 /7 Co-ed and women's only (trans* inclusive) Pets allowed

Salvation Army ARC 525 Johnson St 250-384-3396

84 Transitional Beds 21 Emergency Shelter Beds: intake time is 1 pm. For Men 19+ only. Call ahead to confirm space/intake Daily rate for transition beds or \$550/month includes meals

The Cridge Transition House 250 479-3963 (24/7) A safe place for self-identified women with or without children who are escaping violence or abuse in their homes

SEASONAL SHELT



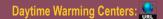
Extreme Weather Response Shelters: 🌅 EWR in effect NOV 1– MAR 31

Our Place Seasonal Shelters 250-388-7112 7:30pm - 6:30am Inquire @ 919 Pandora (front desk) First Met United Church 932 Balmoral Ave Downtown CC

755 Pandora Ave

Salvation Armv ARC 525 Johnson St 250-384-3396

Victoria Cool Aid Society (VCAS) 2317 Dowler Place 250-381-2159 535 Ellice St 250-383-1951



Youth Emergency Weather Shelter: Out of the Rain 1450 Elford Street 250-415-3856 for Youth 15-25 URL

YOUTH SHELTERS



Out of the Rain Youth Shelter

1450 Elford St (location changes) 250-415-3856 Youth 15-25 Oct 15 to Apr 15 9pm-8am Pets allowed (refer to schedule to confirm) outoftherainvictoria.ca

Kiwanis Emergency Youth Shelter 2117 Vancouver St Youth 13-18 250-386-8282 Intake Mon-Fri. no intake 9am-1pm. Open 24/7 📷 Counsellors, meals, laundry & hygiene supplies. Youth & family mediation available

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HARM REDUCTION RESOURCES

AVI (AIDS Vancouver Island) 713 Johnson St (3rd Floor)

250-384-2366 Mon-Fri 10-3pm Naloxone, overdose prevention, safer drug use supplies, safer sex supplies, peer support, nursing care, harm reduction counselling, and referrals

Inreach: 250-889-0268 Daily 3-10pm Mobile Harm Reduction: Wed-Fri 12-4pm 250-896-2849 (Victoria area only) AVI Westshore Health Centre:

#111-2787 Jacklin Road, Langford 250-940-3605 Mon 1:30-6:30pm Tues & Thurs 9:30am-4:00pm Opioid substitution services (methadone and suboxone) in a low barrier setting

PACIFICA DOS 250-220-8064 No in-person drop-in due to COVID

Sobering & Assessment

Centre 1125 Pembroke St 250-213-4444 Open 24/7

Youth Action Committee This Is Harm Reduction:

Daily Dose Society 820 Cormorant St 250-800-0569

Supply distribution, Naloxone program, substitution drug therapies support, outreach & education to encourage harm reduction behaviors (adults & teens) COVID testing: Sun-Fri 9am-5pm

SOLID 1056 North Park St

250-298-9497 9am-4pm Peer support + Safer substance use information, Women's Night, Indigenous Women's Action Group, Women's HepC Group, Naloxone Training **Outreach on street:**

Daily 8:30-10:30am &

Mon-Fri 8:30-10:30pm Found used needle?: 250-298-9497

Peers Night Outreach

Government @ Discovery St & Rock Bay Ave Nightly 7-11pm 250-744-0171 Drop-In Centre: Mon-Thur 11-2:30pm 1-744 Fairview Rd 250-388-5325

SUPERVISED CONSUMPTION SITES (Island Health)



Consumption booths, post-use areas, counselling, medical help, naloxone kits, education & support 8 am - 8 pm 7 days a week

Safe Inhalation Site 926 Pandora Ave

8am-6:30pm 7 days a week

Rock Bay Landing

535 Ellice Street • 6:30am-8pm Hours vary depending on staffing

RESIDENTS ONLY:

Johnson Street 844 Johnson St Le Soleil 1900 Douglas St Howard Johnson 310 Gorge St E Muncey Place 3020 Blanshard St





SUBSTANCE USE

Island Health Victoria (CARES) 250-519-3485

Sobering & Assessment Centre: 1119/1125 Pembroke St Inebriated assessment & shelter Recovery Addictions Support (RAS): 7 day a week program for clients new to recovery. Psychoeducational groups. Detox/Stabilization unit: 2334 Trent Street (EMP, 5th floor): 250-519-7708 or by community referral. **Rapid Access Addiction Clinic** 1119 Pembroke St 250-519-3485 Mon-Fri 9-11:30am Supports people with problematic opioid use who are ready for treatment. Accepts referrals from community providers, doctors, Island Health's Substance Use Intake & hospital.

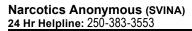
Limited walk-in appointments are also available.

Addictions Outpatient Treatment Clinic 1250 Quadra St (2nd floor) 250-519-3544

Substance use services: 250-213-4444

Salvation Army Addictions Rehabilitation Centre

525 Johnson St 250-384-3396 Intake: Mon-Fri 8:30 - 4:30pm Live-in Drug & Alcohol SMART RECOVERY



Alcoholics Anonymous Central Office

24 Hr Hotline: 250-383-7744 Office number answered Mon-Fri, 9-5pm: 250-383-0415 <u>aavictoria.ca</u>

Umbrella Society 8-415 Dunedin St



250-380-0595 Mon-Fri 8:30-4:30pm

Drug & Alcohol Counselor

Cool Aid Clinic: 713 Johnson St Call 250-385-1466 for appointment

LifeRing 250-920-2095

Daily Dose Society

820 Cormorant St 250-800-0569 Wheels for Recovery rides: Mon-Fri 5:45am-4pm, Sat-Sun 7:45am-3pm. Free transportation service for patients in substance use recovery needing rides to important appointments: Medical, pharmacy, detox and medication programs, correctional, food banks, family visits, etc. Get support with Social & Health Services Coordination and assistance in the areas of: substance use disorders daily medication programs, storage lockers, ID documents, cashing gov't cheques, obtaining bank accounts without ID.

Pandora Clinic

922 Pandora Ave 250-294-6714



Referrals to Detox, Stabilization and Treatment available at Our Place, Cool Aid Clinic, Mustard Seed, AVI, Salvation Army Rehab Centre, Sandy Merriman, Peers, Rock Bay Landing & Addiction Outpatient Treatment Clinic

FOOD BANKS



St Vincent de Paul Social Concern Office

833 Yates St 250-382-0712 Mon-Fri 10am-3:30pm

St John the Divine

1611 Quadra St 250-383-7169 Most Tues & Fri 10am-noon Closed the week after cheque issue One food hamper per month

Mustard Seed 625 Queens Ave

URL

250-953-1575 ext 116 Mon-Fri 10am-1:30pm Everyone welcome. The last person will be seen at 1:15pm. Walk in or by appointment. ID required. 1st & 2nd Fri of the month 3-6pm by appointment only.

Quadra Village Community Centre 901 Kings Rd Bread Tue-Thu 9-4pm

Red Cedar Café Free Store 1900 Douglas St (Le Soleil) Mondays & Fridays 10-2pm

Community Food Support

Weekly Food Deliveries: Free Fridge: 2725 Rock Bay Ave (on David St)

Living Edge • Fresh Food

Central Baptist Church 833 Pandora Mon 5-6pm

Gateway Baptist Church 898 Royal Oak Ave Tues 4:30-6pm

UVIC Family Centre 2375 Lam Circle Weds 2:30-3:45pm

Queens Manor 804 Queens Ave Thur 11am-12pm

Saanich Baptist Church 7577 Wallace Drive Thurs 5:30-6:30pm

679 Goldstream Ave Fri 12-1pm

511 Constance Ave Sat 11am-12pm

livingedge.ngo



24 HR WASHROOMS



Centennial Square (Spirit Square)

Between Pandora & Fisgard Behind the security desk at the bottom of the parkade Langley Loo

Bastion Square on Langley St between Yates & Fort Streets

FREE PHONE



Quadra Village CC

901 Kings Rd 250-388-7696 Mon-Thursday 9-4pm Friday 9-2pm

Sandy Merriman

809 Burdett Ave 250-480-1408

Residents only due to COVID. For women at risk of / experiencing homelessness, including trans women, gender fluid & non-binary people

Bay Centre Lower floor 25¢

Our Place Society

919 Pandora Ave

250-388-7112 For people without fixed address / phone, or any way to stay in touch, we offer phone, fax, mail & messaging services. We receive mail for over 400 people and are able to take phone messages for all of our family members. (Provided there are enough volunteers)

Downtown Community Centre

755 Pandora Ave 250-383-0076 Mon – Fri 8:30–11:30am, 1–3:30pm Saturday 9–11:45am

FREE LAUNDRY

Scrubby's Laundromat

50 Burnside Road West Free service for unhoused only Mon 10-4 (2 small loads/1 large)

Sandy Merriman

Residents only due to COVID **Rock Bay Landing** Residents only due to COVID

STORAGE

Our Place 919 Pandora Ave

Day Lockers: 8am-until capacity. Pick up 7-7:30 pm. Hours vary. Long-term 50 lb bins: Check-in required every 3 days to maintain bin.

Anawim House 973 Caledonia Ave



250-382-0283 Mon, Tue, Thu, Fri 9:30-3pm, Adults only: 19+ men and women abstinent from substances.

City Centre Storage 203 - 824 Johnson St 250-384-4233 Mon-Sat 9-4pm Rates vary \$! No deposit necessary

COMPUTER & INTERNET



Our Place Computer Room 919 Pandora Ave 250-388-7112 Hours vary.

Work BC Employment Services Centre

Registration required. Appointment only (COVID) Intended for job search activities. 201-1483 Douglas St 250-388-0858 201-3962 Borden St 250-479-9675 Mo Tu Fri 8:30-4:30pm Wed 8:30-4:30pm Thurs 8:30-3pm

REES

465 Swift St 250-595-8619 Wed-Thurs 10am-1pm Greater Victoria Public Library 250-940-4875 Central Branch: 735 Broughton St Mon, Wed, Fri, Sat 10-6pm. Tues & Thur 10-7pm. Sun 1-5pm sxweŋxwəŋ təŋəxw James Bay Branch: 385 Menzies St 250-940-4875 Mon-Wed, Fri-Sat 10-6pm. Thur 10-7pm. Internet access

Quadra Village Community Centre

901 Kings Rd 250-388-7696 / to book computer time, up to 5 pages printed Downtown Community Centre 755 Pandora Ave 250-383-0076 Mon-Wed 10am-1pm 30 minutes / free printing available

Victoria Disability Resource Centre 817A Fort St 250-595-0044 COVID protocol

ID REPLACEMENT



Rock Bay Landing CSWs 535 Ellice St Mon-Sat 8am-6pm Residents only due to COVID

Office of Grace Lore, MLA 1084 Fort St 250-952-4211 Mon-Thurs 10am-12:30 & 1:30-4pm

Service Canada

1150 Douglas St, Bay Centre, **4th Floor, Suite 450** Mon-Fri 8:30-4pm For proof of SIN, ID will be required.

SHOWERS



Anawim House

973 Caledonia Ave 250-382-0283 Mon, Tue, Thu, Fri 9:30am-3pm 19+ only, men & women, must be abstinent from substances.

Our Place

919 Pandora Ave 250-388-7112 8am-12pm and 1-630 pm Hours may vary due to staffing shortages

Sandy Merriman House

809 Burdett Ave 250-480-1408 Residents only due to COVID. For women 19+ at risk of / or experiencing homelessness, including trans women, gender fluid & non-binary people.

HAIR CUTS

Our Place 919 Pandora Ave Hours change, call 250-385-2454

Mustard Seed 625 Queens Ave 250-953-1575 Call around 9am each day to check & see if our Chaplain/Hair Dresser will be in.

FOOT CARE



Mustard Seed



250-953-1575 Tuesdays 11am - 2pm in the Wellness Room unless the nurse is not available. Please call to check.

HEALTH & DENTAL



Cool Aid Access Health Centre **Primary Health Care** 713 Johnson St 250-385-8469 email: Accepting new patients Mon & Tues 9-6pm Wed & Thur 9-8pm Fri 9-3pm Patients only same day booking Mobile Health 🛛 Clinic Schedule:

Cool Aid Dental 713 Johnson St

(2nd floor) 250-383-5957 Mon-Thurs 9-4pm 🔊 Friday 8:30–3pm Call or email to make appointment

Pandora Dental 1035 Pandora Ave 250-385-0311

Rock Bay Landing 535 Ellice St 👝 250-383-1951 URL Dr. Price: Mon 8:30-12pm Nurses: Wed 10-11:30am St. John Ambulance: Thurs 10am-12 wound care, blood pressure, sugar monitoring

Virtual Doctors: getmaple.ca vivacare.ca telus.com/en/health

Burnside Medical 101 Burnside Rd

250-381-4353 Call or email: Mon-Thur 7:30am-9pm Fri 7:30-6pm Weekends & Holidays: 9-4pm

Our Place 919 Pandora Ave 📷 250-388-7112 Doctor and Nurses come on semi-regular basis - call ahead first. **Primary Care** Paramedics Minor wound care. blood pressure, sugar monitoring. Schedules varv. check online weekly calendar of services

Yates & Quadra Integrated Health 1107 Pandora Ave 250-519-3870 (Call before coming)

Mon-Fri 8:30-5pm Sat-Sun 10-4pm

STI Clinic 1947 Cook St

250-388-2225 Free STI testing by appointment Mon 10-2pm Tues & Thur 1-4pm VIHA islandhealth.ca **Urgent & Primary Care:** 8:30am-7:30pm 1107 Pandora Ave 547 Michigan St App't only: 250-519-3770 890 Esquimalt Rd 250-519-3880 582 Goldstream Ave 250-519-6919 Island Health Street Nurse 250-361-7056 Tue - Fri 1-4pm Crisis Help (6-10pm) Text: 250-800-3806



VIHA Communicable **Disease Program**

Mon-Fri 8:30-4:30pr 1-866-665-6626



Island Deaf & Hard of Hearing Centre 130-1555 McKenzie

250-592-8144



Mon-Fri 8:30-4:30pm Employment & hearing aid services for low-income deaf & hard of hearing seniors & adults

Victoria Hearing Clinic

Mon-Fri 8:30-4:30pm 1947 Cook St 250-388-2250 345 Wale Rd (West Shore) 250-519-3491

CARF



Our Place 919 Pandora Ave 250-388-7112 2nd Sunday of the month

THRIFT STORES



Beacon Community Services Mon-Sat 9:30-4:30pm Sun 10-4pm: 2644 Quadra St 250-590-5616 715 Pandora Ave 250-388-3500 9756 Third St, Sidney 250-656-3511 7105-B W Saanich Rd, Brentwood Bay 250-652-0432

WIN Store 250-480-4006 (ext 0) Mon-Sat 10-5pm 785 Pandora Ave 1803 Cook St 220-172 Wilson St

St. Vincent de Paul Mon-Sat 10-4pm 1010 Craigflower Rd, Esquimalt

2784 Claude Rd, Langford

James Bay United 517 Michigan St By appointment Fri & Sat 10am-1pm

Salvation Army Thrift Stores Victoria:

525 Johnson St 250-384-3755 2-990 Hillside Ave 250-380-7717 1551 Cedar Hill X 250-382-3714 102-3934 Quadra St 250-384-3755 Greater Victoria:

855 Shawnigan-Mill Bay Rd Mill Bay 250-743-2123 7181 West Saanich Rd

Brentwood Bay 250-652-4622 305 Island Highway

View Royal 250-708-0520

777 Goldstream Av Langford 250-478-6933

BC SPCA 778-265-7700 0 103-1497 Admirals Rd

Value Village 1810 Store St 250-380-9422

Mustard Seed

625 Queens Ave 250-953-1575 URL Clothing boutique open Mon-Thurs 10am-12 & 12:30-1:30pm

Quadra Village CC 901 Kings Rd 250-388-7696 / Mon-Thurs 10am-3pm Fri 10am-1pm



Our Place 919 Pandora Ave 250-388-7112 8-3pm URL

St Vincent de Paul SCO 833 Yates St 250-382

250-382-0712 Mon-Fri 10am-3:30 Vouchers for SVdP Thrift Stores available

Salvation Army ARC 525 Johnson St URL Vouchers for SVdP Thrift Stores



Free books available at: Mustard Seed, Our Place Computer Room, Rock Bay Landing, St Vincent de Paul SCO & Salvation Army

DOWNTOWN VICTORIA

- 1 The Soup Kitchen 9-10 Club 740 View St
- 2 Action Committee for People with Disabilities 948 View St
- 3 Anawim House 973 Caledonia Ave
- 4 Bridges for Women Society 1809 Douglas St
- 5 Cool Aid Health & Dental Clinics, AVI 713 Johnson St
- 6 Cool Aid Downtown Community Centre 755 Pandora Ave
- 7 Work BC 201-1483 Douglas St
- 8 Labour Unlimited 1732 Douglas St
- 9 The Law Centre, Justice Access Centre 225-850 Burdett
- 10 Daily Dose 820 Cormorant
- 11 Library Main Branch 735 Broughton St
- 12 Foundry Youth Clinic 3rd Flr, 818 Douglas St
- 13 Men's Therapy Centre 847 Fisgard St
- 14 Our Place 919 Pandora Ave
- 15 Pacifica DOS 826 Cormorant St
- 16 Pandora Dental 1035 Pandora Ave

- 18 Salvation Army 525 Johnson St
- 19 Sandy Merriman House 809 Burdett Ave
- 20 Service Canada Suite450 1150 Douglas St
- 21 SOLID 1056 North Park St
- 22 VIHA / STI Clinic 1947 Cook St
- 23 St John the Divine 1611 Quadra St
- 24 St Vincent de Paul Social Concerns Office 833 Yates St
- 25 TAPS 828 View St
- 26 Trades Labour 2028 Douglas St
- 27 Victoria Disability Resource Centre 817A Fort St
- 28 Victoria Youth Empowerment 533 Yates St
- 29 Volunteer Victoria 306-620 View St
- 30 Yates St Integrated Health Clinic 105-911 Yates St
- 31 YMCA 851 Broughton St
- 40 Coalition (GVCeH) 611 Discovery St
- 41 Victoria Literacy Connection A10-830 Pembroke St
- 42 Red Cedar Café 1900 Douglas St



17 REES 465 Swift St





SENIOR SERVICES

James Bay New Horizons 234 Menzies St

URL 250-386-3035 Mon - Sat 9am-4pm Senior Reassurance: 250-386-4432

Quadra Village CC 901 Kings Rd



250-388-7696 ext 230 / email: Senior Entitlement Service: Mon drop-in 9-3pm, Tue-Thu by appointment

Island Deaf & Hard of Hearing Centre 130-1555 McKenzie Ave

250-592-8144

Employment and hearing aids services for deaf and hard of hearing seniors and adults.

Silver Threads:

Seniors activities & counselling ctoria: 1911 Quadra St 250-388-4268 Mon-Fri 9-3:30pm Saanich: 286 Hampton Rd 250-382-3151 Mon-Fri 9-3:30pm Café: 9-1pm

Our Place 55+ Club

250-940-5092 (3103) Events: Sign up for schedule, call/ Lunch: Mon 12-1pm 919 Pandora Ave (Spiritual Care Center) COVID Vax passport required for all events!

Seniors Distress Line 604-872-1234

Vancouver Island University ElderCollege Free membership:



YOUTH SERVICES



HOUSING & SHELTER

Out of the Rain Youth Shelter 1450 Elford St (location changes) 250-415-3856 Youth 15-25

Open 8:30pm - 8am URL Pets allowed (refer to schedule to confirm) outoftherainvictoria ca

Kiwanis Emergency Youth

Shelter (KEYS) 2117 Vancouver St 250-386-8282 Youth 13-18 1-7 day stays. Counsellors, meals, laundry and hygiene supplies. Youth & family mediation available. Intake Mon-Fri. No intake 9am-1pm

Threshold Housing Society

1524 Fort St Youth 16-24 250-383-8830 9:30-4pm or online: thresholdhousing.ca

Foundry Victoria Youth Clinic

818 Douglas St (3rd Floor) Outreach: 250-818-6361 Clinic: 250 383-3552 URL Mon-Thurs 11-5pm, Fri 11-4pm Walk in primary health care, sexual health, mental health and substance use, counselling support/ care. lab and outreach services. Youth 12-24. @ No CareCard needed.



SUBSTANCE USE SERVICES

Umbrella Society

8-415 Dunedin St URL 250-380-0595 Mon-Fri 8:30-4:30pm Addiction and mental health support

SUPPORT

Victoria Youth Empowerment Society (YES)

250-383-3514 533 Yates St Youth 13-19



Daytime Drop-in: 9-5pm Showers, laundry, clothing and internet. Access to youth detox, outreach team, life skills and independent living program. Alliance Club: drop-in Mon-Thur 12:30-7:30pm with dinner served & Friday 12:30-2:30pm

Burnside Gorge Community Association

471 Cecelia Rd URL Family services: 250-388-5251

Sanctuary Youth Drop-In

767 Humboldt St (church basement) 250-385-6255 Youth 22 & under a (we check for ID) URL Friday, Saturday, Sunday 3-6pm Warm meals, showers, laundry & more

Boys and Girls Club

301-1195 Esquimalt Rd 250-384-9133 Mon-Thur 8:30-4:30pm Fri 8:30-1pm

Victoria Native

Friendship Centre 231 Regina Ave



250-384-3211 Mon-Fri 1-4pm By appointment only. Youth support workers, youth addictions and youth and family counsellors available.

Youth Aged out of Care Educational Funding:



YOUTH (UNDER 25 YEARS OF AGE) MAY ACCESS YOUTHSPACE.CA FOR ONLINE EMOTIONAL SUPPORT

COUNSELLING & RENTAL HEALTH SUPPORT

Victoria Sexual Assault Centre 201-3060 Cedar Hill Rd 250-383-3232

250-383-5545 for service access. Mon-Fri 9-5pm Closed all stat holidays

PEERS

1-744 Fairview Rd 250-388-5325 Drop In Centre: Mon-Thur 11-2:30pm For current & former sex workers. Provides daily lunch, educational workshops, recreational and social activities, access to harm reduction supplies, support staff, computers and household and clothing items.

Men's Therapy Centre

847 Fisgard St 250-381-6367 Mon-Fri 9:30-4:30pm, Wed-7pm Closed 12-1pm (Lunch) For anyone who identifies as masculine and has experienced childhood or adult trauma. Victim Services, counselling & educational outreach.

Bridges for Women

219-645 Fort St 250-385-7410 For women who have experienced trauma or abuse.

Battered Women's Support Services 604-687-1867

Vancouver Island Persons Living with HIV / AIDS

205-1120 Yates St 250-382-7927 Mon-Thur 10-4pm. Fri 10-3pm Peer navigation, support & treatment info by & for people living with HIV/AIDS and HepC

Greater Victoria Police Victim

Services 250-995-7351 Mon-Fri 9-5pm Assisting those impacted by crime – referrals for counselling

Daily Dose Society

820 Cormorant St 250-800-0569

Wheels for Recovery rides: Mon-Fri 5:45am-4pm Sat-Sun 7:45am-3pm Free transportation service for patients in substance use recovery needing rides to important appointments: Medical, pharmacy, counseling meetings, social support services, correctional, food banks, family visits, etc. No drop-ins Fri-Sun

Our Place



919 Pandora Ave 250-388-7112 or drop-in direct line: 250-385-2454

Umbrella Society 8-415 Dunedin St

250-380-0595 Call or text Mon-Fri 8:30-4:30pm Supportive Recovery Houses: Foundation House (men), Cooper House (men) & Hudson House (women).

Society of Living Illicit Drug Users (SOLID)

1056 North Park St 250-298-9497 Peer Support office hours: Mon-Fri 3pm Support groups, referrals and information. (More info on page 4)

La Société francophone

2-1218 rue Langley 250-388-7350 Lundi au Vendredi 10h00 à 15h00

Victoria Disability Resource Centre 817A Fort St 250-595-0044

COVID protocol. Non-clinical support for people living with disabilities, such as: information & referral services.

COUNSELLING & SUPPORT

Mental Health Recovery Partners 941 Kings Rd 250-384-4225 URL

Mon-Fri 9-4pm Client & Family Services Peer support services, support for individuals with any mental health diagnosis and those with no diagnosis.

Citizens Counselling 941 Kings Rd 250-384-9934

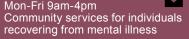


Mon-Fri 10am-2pm Mental Health Society

of Greater Victoria



Island Community Mental Health 125 Skinner St 250-389-1211



BPD Society Support Group Weds on ZOOM ID: 252 792 981

BC Schizophrenia Society, Victoria bcss.org

LEGAL SUPPORT





225-850 Burdett Ave 250-385-1221 Switchboard 8-12 & 1-4pm Mon-Fri 9:30am-12 & 1:15-3:30pm Free legal advice. Small cases, criminal, civil & family law.

Justice Access Centre 225-850 Burdett Ave



250 356-7012 or connect toll-free at: Service BC (Can/US)1-800-663-7867 Family law issues. Counselors, information, mediation, children & spousal support.

TAPS

828 View Street



250-361-3521 Mon-Fri 9am-12 & 1-4:30pm Close on stat holidavs Income Assistance, Disability, Tenancy & Employment Advocacy

FREE LEGAL CLINICS:

Rock Bay Landing

250-383-1951 535 Ellice St Call CSWs for support in booking. Mon-Sat 8am-6pm

Quadra Village Community Centre 901 Kinas Rd

250-388-7696 Call for info

Action Committee for People with Disability Centre (ACPD)

250-383-4105 948 View St Mon-Fri 9am-4pm Assistance with applications & appeals for Persons With Disabilities, Canada Pension Plan & CPP Disability Benefits, OAS/GIS, SAFER, BC Housing & Subsidized Housing, Residential Tenancy, Pro-Bono Law Clinic, Human Rights & Advocacy,

Our Place 919 Pandora Ave see Outreach Staff Weds 4-6pm



FAMILY SERVICES



Mustard Seed-Family Centre

625 Queens Ave For Food Security: 250-953-1588 Family Services: 250-220-6992 Parenting workshops, one to one supprt, community referrals, skill development opportunities. Family dinners 2nd & 3rd Sun every month 5pm, please call let them know you are coming. Parents must be accompanied by their children.

The Cridge Centre for the Family

1307 Hillside Ave 250-384-8058 Provides a wide-range of services to families, including outreach services for young parents & women fleeing violence

Burnside Gorge Community Association

471 Cecelia Rd 250-388-5251 Mon-Fri 9-4:30pm Family Dinners: Thur 5pm

Greater Victoria Housing Society 2326 Government St

250-384-3434 Mon-Fri 8:30-4pm. Housing for low to moderate income families, seniors, adults with disabilities & those in the low wage workforce.

1Up Victoria Single Parent Resource Centre 602 Gorge Rd East

250-385-1114 Mon, Tues, Thur, Fri 9-4pm Wed 12-7pm

Victoria Women's Transition House

9-4pm 250-592-2927 Crisis Line: 250-385-6611 For self-identified women fleeing abuse

Victoria Native Friendship Centre 231 Regina Ave

250-384-3211 Call Mon-Fri 1-4pm to access all services. Family Programs

Surrounded by Cedar

211-1497 Admirals Rd 250-383-2990 1-855-383-2990

After hours: 1-800-663-9122 Aboriginal Youth and Family Services.

Young Parent Support Network 3100 Tillicum Rd

250-360-1148 For pregnant &

parenting young parents ages 13-29 Mon-Thur 8:45am-1pm Friday 8:45am-12pm

Quadra Village Community Centre

901 Kings Rd 250-388-7696 / Mon-Thurs 9-4pm Fri 9-2pm

Family Services of Greater Victoria 1004 North Park

250-386-4331 1-877-386-4333 Call for appointment. For families dealing with divorce or separation.

Umbrella Society 8-415 Dunedin St

Call or Text: 250-380-0595 URL Mon-Fr 8:30-4:30pm

Esquimalt Teen Centre

527 Fraser St 250-412-8523 Free After-School Drop-In: Grades 6-8 Youth 13-18: Thu-Sat 7-10pm

Her Way Home 211-547 Michigan St 250-519-3681 For pregnant and early parenting women (baby under 6 months) impacted by substance use.



Bridges for Women 219-645 Fort St

250-385-7410 (ext.103) Westshore 778-432-3790 Sooke: 778-584-7410 For women who have experienced trauma or abuse

REES – Community Casual Labour Pool

465 Swift St @ 250-388-9296 By appointment (COVID) Mon-Fri 9-3:30pm

John Howard Society

<u>267</u>5 Bridge St 250-386-3428 Mon-Fri 8:30-4:00pm Assistance to provincially and federally released inmate adults & youth. Services such as employment, housing, mentorship, restorative justice.

Trades Labour Corporation

2028 Douglas St 250-386-0024 Show up from 5:30-6:30am for work. Apply day before in person. bring ID

Rhino Labour 110-2950 Douglas St 250-381-0202

Open at 5:30am, show up as early as possible. Need photo ID, Steel Toed boots, proof of SIN. Prefer application filled out day before.

Victoria Native **Friendship Centre**

No Drop in due to COVID 250-384-3211 URL 231 Regina Ave Mon-Fri 1-4pm **CEER Program**

@

(Career, employment and education resources) Call for appointment.

Victoria Literacy

Connection A10-830 Pembroke St 250-382-0014 Mon-Thur 9-4pm, by appointment. Child, youth & adult programs

Labour Unlimited

1732 Douglas St 250-386-8100 Show up before 6am



Standards complaints

Work BC Employment Services Centre

Appointment only (COVID) 201-1483 Douglas St 250-388-0858 201-3962 Borden St 250-479-9678 Mo, Tu, Fr 8:30-4:30pm Wed 8:30-6pm Thur 8:30-3pm

Island Deaf & Hard

of Hearing Centre 130-1555 McKenzie Ave 250-592-8144 Employment & hearing aids services for deaf and hard of hearing seniors and adults.

Victoria Disability Resource Centre

250-595-0044 COVID protocol Mon-Fri 9-4pm



Volunteer Victoria

306-620 View St 250-386-2269 Mon–Fri 8:30-4:30pm For volunteer work. Call for appointment

Our Place Society

778-817-0354 or 250-981-0938 People in Progress program helps with gaining employment, resume writing. interview skills and job hunting



Victoria Native Friendship

URL

Centre 231 Regina Ave Call 250-384-3211 Mon-Fri 1-4pm **CEER Program** (Career,

Employment & Education Resources) Call to access all services. Youth support workers, youth addictions and youth and family counsellors available

Métis Nation of Greater Victoria 231 Regina Ave 250-380-6070

The purpose of Métis Nation of Greater Victoria is to do all things necessary to represent the interests of the Métis people in the territory of Métis Nation of Greater Victoria. Mon-Tues 9am-2pm, Weds-Thurs 9am-1pm

Surrounded by Cedar 211-1497 Admirals Rd

URL 250-383-2990

Toll-free 1-855-383-2990 After hours number: 1-800-663-9122 Aboriginal Youth and Family Services

M'akola Housing Societies #18-554 Goldstream Ave URL

250-384-1423 Tues-Thurs 9am-4pm Aboriginal Family Housing. Application available online: makola.bc.ca

Fill out application prior to accessing services.

Our Place Aboriginal Housing Support Worker

919 Pandora Ave 8:30am-4:30pm 250-208-5872 (Cell phone) Support for finding & maintaining housing for the Aboriginal Community

SOLID 1056 North Park St 250-298-9497



Indigenous Women's Action Group Tues 3-4pm This group is forming around immediate actions like getting status cards, advocating for cultural safety and fair treatment in hospitals, sharing info and resources. Light snacks, \$5 stipends and bus tickets provided.

Oasis Society

1004 North Park St 250-361-0036 All programming postponed until further notice due to COVID-19

KUU-US CRISIS LINES (24/7):

For Aboriginal Adults: 250-723-4050 For Aboriginal Youth: 250-723-2040

Aboriginal Coalition to End Homelessness (ACEH)

101-2860 Quadra St

778-432-2234 or email: 🔊

The intentions of the ACEH is to bring culture into the lives of Indigenous people experiencing homelessness, living away from home, and suffering

from addictions. The ACEH believes that culture is healing and leads to pathways towards healing & recovery. The ACEH offers a variety of programs throughout the year, all centered on the identified needs of the Indigenous of Street Community, such as monthly Building Community events, weekly Indigenous Women's Circles, and quarterly healing & reconciliation events with the Victoria Police Department.

The ACEH is also piloting 'healing community' land-based camps focused on traditional healing



Artist: Evan Jame

practices, culture and language within the context of decolonized harm reduction practice. For updates on events and programs follow our Facebook page 'Aboriginal Coalition to End Homelessness' or visit our website <u>acehsociety.com</u>

ACEH Indigenous Women's Circle

Pathways to Wellness Project: Provides Indigenous women experiencing homelessness with cultural supports. Focusing on traditional practices and teachings from the tribal groups: Coast Salish, Nuu-Chah-Nulth, and Kwakiutl, and the Metis. The group gathers 4 times monthly to participate in learning circles, life skills workshops, and cooking classes.

Learning Circles

932 Balmoral Rd (First Met United Church, Room 119) 1st & 2nd Fri of month, 10:30am -1pm (includes lunch)

Cooking Classes

1802 Quadra St (Sands Funeral Home Kitchen) 2nd & last Wednesday of the month, 5:30 - 7:30 pm (includes dinner)

Building Community Events: Pandora Community Centre 755 Pandora Ave

For Indigenous peoples experiencing homelessness: Join us for a cultural activity and dinner every 2nd Tuesday evening of the month 5:30-7:30pm





Rock Bay Landing 535 Ellice St 250-383-1951 URL CSWs Mon-Sat 8am-6pm Residents only during COVID

Our Place **Outreach Staff** 919 Pandora Ave 250-388-7112 9:30-11:30am & 1-4pm

PWD/DISABILITY ENULTIMENT

Province-wide bus pass (annual transportation allowance in lieu of a bus pass is available), 50% off ferries, dental, medical, camping in provincial

parks, fishing licenses:





Greater Victoria Public Library 250-940-4875 Apply for library card in-person Central Library: 735 Broughton St Mon, Wed, Fri, Sat 10-6pm Tues & Thur 10-7pm Sun 1-5pm sxwenxwen tenexw

James Bay Branch 385 Menzies St 250-940-4875 Mon-Wed, Fri, Sat 10-6pm

Thur 10-7pm

Other Branches/Hours:





TAPS 828 View Street 250-361-3521 @ Mon-Fri 9am-12, 1-4pm



REES 465 Swift St 250-595-8619 Mon-Fri 9-3:30pm (App't only)

Action Committee for People with Disabilities 948 View St 250-383-4105 Assistance with applications & appeals for Persons With Disabilities

Victoria Disability **Resource Centre** 817A Fort St 250-595-0044 COVID protocol Mon-Fri 9-4pm



TAPS 250-361-3521

@

828 View St for tax package Appointments by phone, email & video chat unless in-person necessary (COVID)

St Vincent de Paul. Social Concern Office 833 Yates St 250-382-0712 Available at limited times of the year



Our Place Outreach 919 Pandora Ave 250-388-7112 9:30 -11:30am & 1- 4pm



YMCA-YWCA of Greater Victoria 851 Broughton St 250-386-7511 Member Services desk closed due to staff shortages Join: 📠

CET ACTIVE

Every Step Counts Running & Walking Group paused due to COVID

FILE A COMPLAINT

BC Ombudsperson

250-387-5855 or 1-800-567-3247 (toll free) Mon-Fri 8:30-4:30pm Complaint investigation Walk-in service closed due to Covid-19

SAVE A LIFE

"This is: Harm Reduction" outh resources access to Naloxone & opioid education more info on insta:

HOUSING SERVICES



BCHousing Registry 604-433-2218 toll-free: 1-800-257-7756 Mon-Fri 8:30-4:30pm Low income subsidized housing: get help to sign up on the registry.

SAFER (Shelter Aid

for Elderly Renters) 1-800-257-7756 BC housing subsidy for working poor families.

RAP (BC Rental Assistance Program) 1-800-257-7756 BC housing subsidy for working poor families.

Greater Victoria Housing Society

2326 Government St 250-384-3434

Mon-Fri 8:30-4pm. Housing for low to moderate income families, seniors, adults with disabilities and those in the low wage workforce

Pacifica Housing DOS Office 250-220-8064

Mon, Tues, Thur, Fri 8:30am-4:30pm (closed 12-1pm). Wed 1-4:30pm. (Open all day on cheque issue day).

Our Place Outreach Staff

919 Pandora Ave 250-388-7112 9-11:30am & 1-4pm M'akola Housing Societies

18-554 Goldstream Ave 250-384-1423 Tues-Thurs 9am-4pm Aboriginal Family Housing,

Application available online: makola.bc.ca

Fill out application use prior to accessing services!

Rock Bay Landing

250-383-1951 Mon-Sat 8am-6pm Residents only during COVID

Victoria Native Friendship Centre

231 Regina Ave 250-384-3211 M-F 1-4pm Housing Outreach for Aboriginal youth, singles & families, housing referrals.

Salvation Army ARC

525 Johnson St 250-384-3396 Transitional housing, men 19 years and older only.

Island Community Mental Health

125 Skinner St 250-389-1211

Mon-Fri 9am-4pm. Housing for individuals recovering from mental illness

Sandy Merriman House

809 Burdett Ave 250-480-1408 Residents only during COVID

Coordinated Access & Assessment (CAA)

Info: Referrals: Pacifica DOS, Rock Bay, Victoria Native Friendship Centre, Salvation Army, AVI, REES, PEERS, Sandy Merriman & Island Health facilities

"FAMILY SERVICES" on page 18 "YOUTH SERVICES" on page 15

EVICTION AND TENANCY RIGHTS

If you are facing eviction find out about the Homelessness Prevention Fund: bchousing.org/housing-assistance/homelessness-services/homeless-prevention-program

If you have a tenancy issue contact TAPS for Tenant Advocacy: @ 828 View Street

or call the Residential Tenancy Branch: 250-387-1602 / email:

FREE & WELCOMING ART SPACES

fifty fifty arts collective 2516 Douglas St Fri 1-5pm, Sat 11am-1pm, Sun 1-5pm

Legacy Art Gallery 630 Yates St Wed-Sat 10am-4pm Open Space 510 Fort St Wed-Sat 12-5pm

St Vincent de Paul SCO 833 Yates St 250-382-0712 Suspended due to COVID Local Emerging Artists Featured

ADMISSION BY DONATION DAYS

Art Gallery of Greater Victoria 1040 Moss St Thurs 1-9pm & 1st Tuesday of month 10am-5pm Free admission for Indigenous peoples and refugees everyday Robert Bateman Centre 470 Belleville St Tues-Sat 10am-4pm

The Art Gallery of Greater Victoria presents: Your Daily Art Fix!

Free Art Studio Times:

Cool Aid Society DowntownCC 755 Pandora Ave

Thurs 1:30-3pm, facilitated art workshops open to all

Our Place 919 Pandora Ave

Tues 1-3pm, Sat 1-3pm, facilitated art workshops open to all

Victoria Native Friendship

Centre call 250-384-3211 M-F 1-4pm (By appointment) access to art supplies for those identifying as Indigenous Victoria Youth Empowerment Society 533 Yates St Mon - Thurs 12:30-7:30pm, access to art supplies, for ages 13-19 only

Island Community Mental Health 125 Skinner St Access to art supplies for those experiencing mental health issues Apply 250-389-1211

GREATER VICTORIA PUBLIC LIBRARY'S CULTURE PASSES Suspended during COVID for the following institutions:

Art Gallery of Greater Victoria 1040 Moss St Tues–Sat 10am-5pm, Thursday 10am-9pm

Maritime Museum 634 Humboldt St

Tues–Sat 10am-4pm

Royal BC Museum 675 Belleville St Sun-Thur 10am-5pm

Fri & Sat 10am-10pm

Craigdarroch Castle 1050 Joan Crescent 10am-4:30 pm Robert Bateman Centre 470 Belleville St 10am-5pm

CITY BYLAWS

Streets and Traffic Bylaw



- You cannot camp in environmentally or culturally sensitive areas, playgrounds, sports fields, community gardens, horticultural areas, footpaths/roads, cemeteries or on meridians/boulevards Campers must use washroom facilities in parks.
- Cannot obstruct a sidewalk at any time with your personal property ("chattels").
- Cannot obstruct sidewalks 8am 9pm in the downtown area for any reason.
 If panhandling downtown, you must be standing or seated on an existing bench, etc. on the sidewalk.
- Cannot panhandle in groups of more than 2 persons.
- Cannot solicit within 6 metres of a bank entrance, bank machine or parking ticket dispensing machine.
- Cannot solicit from persons in passing motor vehicles.

(that affect the unhoused)



Parks Regulation Bylaw

 As of May 1, 2021, daytime shelters are not allowed in City of Victoria parks.

 You may shelter overnight in some parks from 7 p.m. to 7 a.m. in the winter, and 8 p.m. to 7 a.m. during Daylight Saving Time (roughly March to November).

 Shelters must be: no bigger than nine square metres (10 ft x 10 ft), spaced four metres (13 ft) apart, eight metres (26 ft) from playgrounds and 50 metres (164 ft).

 No fires or open flame appliances or combustibles, except for approved BBQs.

 For safety, do not place shelters under trees or branches, attach shelters to trees, plants, lamp posts or other structures.

 The city will remove any unattended belongings, at any time of day or night, which will be impounded and held for a limited duration (around 30 days).

Bylaw: call 250-361-0215 for removed belongings & to ask other bylaw questions

MY RIGHTS

- I can refuse to talk to police or answer their questions, unless I am in a bar or a cinema, driving a car, or they say I broke the law. In those cases I must give my name, birthdate and address, or show my ID. but I do not have to say anymore.
- I can say "NO" if the police ask to search me or my things. Saying "NO" does not mean I have something to hide.
- 3. I can leave unless I am being detained or arrested.

- 4. If I am being detained or arrested, I have a right to know why, and a right to speak privately to a lawyer – without delay – even if I can't afford to pay.
- 5. I can only be strip-searched in private and by officers of the same sex.
- 6. I have a right to know a police officer's name and badge number.
- 7. I can report a police officer who abuses me, swears at me, or violates my rights.



IF YOU FOUND THIS GUIDE USEFUL AND NO LONGER NEED IT, PLEASE PASS ALONG TO A FRIEND

Created by a group of volunteers with street-life experience, this guide is to help those experiencing homelessness and extreme poverty access resources to meet their need.



2022

PUBLISHED BY:



Edition 12.1 • Updated Feb 2022